

# St Gerard's Primary School

# **NEWSLETTER**



Term 1, Week 3

www.sgdandenongnth.catholic.edu.au 03 97917553

14 February 2020



#### Tuesday, 18 February

Running club

#### Wednesday, 19 February

- PLAYGROUP 9am 10:30am
- NO PREPS
- Garden Stall 3:20 pm

#### Friday, 21 February

- Ride to School
- Raffle tickets drawn
- Assembly 2:45 pm



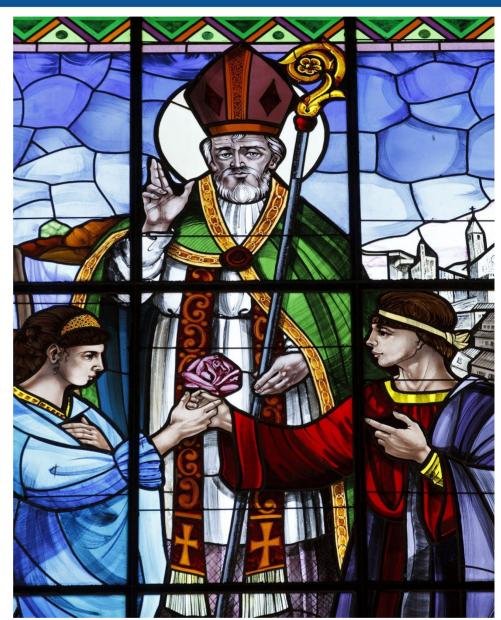
Opening Hours 8:30 am - 10:00 am Monday mornings

### School Prayer

God, our Father, as members of the Parish Community of St Gerard's we praise you for your love.

May we grow stronger in faith and hope, and may our love for each other, become deeper in our daily lives.
Grant this through your Son, and our brother, Jesus Christ,

**AMEN** 



St Valentine was a bishop, and is thought to have been a physician. He was arrested for giving aid to Christian prisoners awaiting martyrdom, and while imprisoned he converted the jailer by restoring sight to the jailer's daughter. St Valentine refused to deny Christ before the Emperor Claudius in the year 280 and won the jeweled crown of martyrdom by his faithful witness. The feast of St Valentine was first established in 496 by Pope Gelasius L.

#### **Prayer to St Valentine**

O St Valentine, lover to Christ and of the church, we ask your intercession that we may learn how to love God above all things, and to selflessly love one another. O'Glorious St Valentine, pray for us, that we too may have the steadfast faith of the martyrs.

Principal - Mr Paul Cowan
Parish Priest - Father Dean Mathieson
principal@sgdandenongnth.catholic.edu.au
71 Gladstone Road, Dandenong North 3175

### MESSAGE FROM THE PRINCIPAL

Dear Families.

I hope that you have had a great week. We are well and truly into the school term with all our usual programs up and running after our *Give Me 5* focus in the first two weeks.

It was wonderful to see families at our **3 Way Conversations** on Tuesday. This is an opportunity for our teachers, parents and children to come together to positively impact your child's learning. Having families and the school working together has so many benefits for everyone. If you were unable to attend I strongly encourage you to contact your child(ren's) teacher(s) to arrange a time.

Our **Playgroup** resumed this week and **occurs every Wednesday morning from 9.00am - 10.30am**. It is open to school and parish families and the wider community. This is a great way for children and families to come together, build relationships and make connections. As the flyer for the playgroup says: 'The only cost involved is a friendly smile!'.

We had our first **Whole School Assembly** last Friday which was very well conducted by some of our Year 6 Leaders. As was mentioned last week, we will be having assembly **every Friday afternoon at 2.45pm in the PAC**. We will be reflecting on the week that has just finished, celebrating successes, recognising birthdays, praying together and singing our national anthem. **There is an open invitation to all families to come and be with us at this special time of the week.** 

Families should have received their School Fee Statements last Friday, if you did not, please contact the Office. A reminder that if you have a current Health Care Card you are entitled to a reduction. If there are families experiencing challenges with regard to their fees please contact the Office to make an appointment with myself so we can work through this together.

Our parish is having a Trivia Night on Saturday 29 February at 6.30pm in the Hall. It would be great to have our school well represented at this event. Please see the advertising flyer which is contained in this newsletter. Tickets can be purchased at the School Office.

This Sunday's First Reading, Responsorial Psalm and Gospel all relate to the way in which we are called to live in right relationship with God and with one another. This calling is something to keep in mind not just this week but at all times in our dealings with each other.

Finally, due to work being conducted on parts of the Hall, we have been asked **not to use the carpark between the church and the Hall on Monday and Tuesday next week.** This will allow the work to be completed efficiently and keep people and cars safe. **Children attending Out of School Hours Care (OSHO)** on these 2 days will need to **enter and exit through the main school gate.** I thank you in advance for your co-operation.

**God Bless** 

## **RELIGIOUS EDUCATION NEWS**

**Whole School Mass** 

Wednesday, 26<sup>th</sup> February: Ash Wednesday, 9:00am (Day of Fast and Abstinence)

**Level Masses:** 

Years 3/4: Thursday, 20<sup>th</sup> Feb at 9:15

Prep and Years 5/6: Thursday, 12<sup>th</sup> March at 9:15 (with Preps)

**Other Important Dates for Term 1** 

Tuesday 25<sup>th</sup> February: Shrove Tuesday:Tuesday
Tuesday,17<sup>th</sup> March: St Patrick's Feast Day

Tuesday 17<sup>th</sup> March: Students wear full school uniform with a touch of green for St

Patrick's Day

Tuesday 17<sup>th</sup> March: St Patrick's Day Mass at the Cathedral for a delegate of

School Leaders representing our school

Tuesday 24<sup>th</sup> March: The Passion at 2pm followed by Hot Cross Buns for parents

afterwards

Tuesday 14<sup>th</sup> April: Easter Assembly at 2:45pm

Sacrament Dates, 2020 Confirmation: (Grade 6)

Confirmation Information Night: TBA

Confirmation: Sunday 26<sup>th</sup> July, 6pm

**Confirmation: (Grade 6)** 

Confirmation Information Night: TBA

Confirmation: Sunday 26<sup>th</sup> July, 6pm (Confirmed by Fr Brendan Hayes)

**Reconciliation: (Grade 3)** 

First Reconciliation Information Night: Thursday 16<sup>th</sup> July at 7pm Reconciliation: Thursday 13<sup>th</sup> August at 7pm

First Communion: (Grade 4)

First Communion Information Night: Tuesday 12<sup>th</sup> May, 7pm First Communion: Saturday 13<sup>th</sup> 5:30pm

Sunday 14th June, 8:30am & 10:30am

**The Passion** 

Please mark this significant event into your diaries and it's well worth taking time off work if needs be to witness The Passion.

Our faith journey with Jesus in Holy Week sees us remembering his last days and moments. It is a journey of jubilation, of anxiety and suffering, of humiliation and abandonment, of dying on a cross.

During the Passion we journey with Jesus towards the cross and prepare to welcome him into our presence. The Passion will take place on Tuesday 24<sup>th</sup> March at 2pm, followed by Hot Cross Buns being served to parents.

#### Palm leaves needed:

If you have some palm leaves that can be used for props for The Passion, please bring them to Mrs Stack on Monday 23<sup>rd</sup> March.

#### **Seasons - A Program for Grief and Loss**

Seasons is a peer support program for children and young people who are experiencing grief and loss in their lives. This loss may be the result of a death, separation or divorce.

This valuable program will become available in term 2. If you have any questions about the program, please don't hesitate to speak to your classroom teacher or to Mrs. Stack.

## **RELIGIOUS EDUCATION NEWS CONT'D**

#### St Patrick's Day Mass

On Tuesday 17th March a delegation of 10 school leaders from Year 6 will represent our school by attending Mass to celebrate St Patrick's Day at St Patrick's Cathedral in East Melbourne. After Mass, we will walk to the Treasury Gardens to have lunch followed by a concert in the park.

#### **Project Compassion**

Caritas Australia's annual Lenten fundraising and awareness-raising appeal. Millions of Australians come together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.

Project Compassion Boxes will be distributed to each class during Ash Wednesday Mass. Each class will have a target amount that they would like to raise during lent. Regular updates, by the Social Justice Leadership Team, with the amount raised so far will be announced at the school assembly.

#### Rosary

Each Tuesday we have a group that comes together to pray the rosary in the Church at first lunch, led by the Legion of Mary from the Parish. Children are welcome to attend and encouraged to bring their own Rosary beads if they have them, otherwise, Rosary beads will be provided.

#### Meditation

Thank you to everyone that has remembered that we begin each day with meditation. If you arrive late to school and the meditation bell has already gone, you need to wait in the office area until meditation time has finished.

#### **Altar boy training**

Altar boy training sessions will resume on Thursday 13<sup>th</sup> February. After that the boys will be trained at **St Gerard's Church** each Thursday from **5.00-6.30pm** by Frederick Maroun, a senior Altar Server. If your son is in Year 4 or above and is interested in becoming an altar server or would like more information, please contact Mrs. Stack at the school office.

### **WELLBEING NEWS**

# Kitchen Garden 3/41



This week 3/4L enjoyed their Garden to Kitchen lesson. The students enjoyed preparing and eating delicious zucchini fritters and herb yoghurt! Ask them to make it for you at home. Once again a huge thank you to our amazing, dedicated mums who volunteer their precious time every Friday. On the 21<sup>st</sup> of February **5/6VT** will participate in their Garden to Kitchen lesson. If you would like to assist during the Garden to Kitchen block please contact Anna Munro or Nicole Fernandez. We would love for you to join in!

<u>Week</u>
21 February
28 February
6 March
13 March
20 March











#### **Zucchini Fritter Recipe**

- 3 zucchini's (about 400g)
  - ½ cup of self raising flour
- ½ cup parmesan cheese (grated)
- 1 egg (whisked)
- 1/4 cup chopped spring onions
- 1/4 cup chopped parsley
- ½ teaspoon salt
- Pepper to taste

#### Herbed greek yoghurt

- 2 cups of greek yoghurt
- Salt and pepper to taste
- 2 tablespoons of chopped herbs

## **WELLBEING NEWS**

# Whole School Classroom Reward System

Students who display the expectations present on the school Matrix will be rewarded with a raffle ticket from their classroom teacher. Every month the raffle tickets from each classroom will be collected and drawn during the Friday assembly.

The raffle tickets will be drawn during assembly on Friday 21<sup>st</sup> of February.



# St Gerard's Garden Stall

Next week we will hold our first **Garden Market Stall** for 2020.

The Environmental leaders will be selling rosemary, zucchini and eggs straight from the garden. Parents get in early to snap up a bargain. The garden market stall will be held on Wednesday the 19<sup>th</sup> of February 2020 at 3:20pm.

# GIVE ME 5 WEEK!

During the Give Me 5 weeks the students attended a technology incursion run by Dandenong Library. The students had the opportunity to experiment with a green screen.

Have a look at all of the fun we had!!













Green Screen





## **WELLBEING NEWS CONT'D**



Healthy eating helps children and young people cope more effectively with stress, better manage their emotions and get a good sleep – all of which assist learning.

Most research about nutrition and mental health has focused on adults. We know that good nutrition is associated with better mental health outcomes, whereas a poor diet is associated with a greater risk of depression and anxiety. However, emerging research that focuses on children and young people has also found a relationship between unhealthy diets and poorer mental health outcomes. Poor nutrition has been associated with:

- externalising behaviour (such as hyperactivity, aggression, disobedience)
- symptoms of attention deficit hyperactivity disorder
- poor concentration and tiredness, which interfere with learning
- immune system function, which is also linked to mental health
- delayed brain development high-fat, high-sugar diets can affect proteins in the body that are important for brain development
- iron deficiency, which has been linked to cognitive function impairments associated with learning and memory
- nutrient deficiencies, which have been associated with mental health conditions including depression and anxiety (we know that fruits and vegetables, grains, fish, lean red meats and olive oils are rich in important nutrients such as folate, magnesium, vitamins and zinc which all impact on body and brain functions, including mood regulation)

### **LEARNING & TEACHING NEWS**

We have welcomed Prep students and are meeting with them on a Wednesday to complete some basic assessment. This assessment includes Literacy which includes oral language, reading and phonics, and Numeracy - place value and counting.

This assessment informs the classroom teacher about what your child knows and what your child needs to learn. This type of assessment will be ongoing during the year and will inform both parents and teachers of students knowledge and growth.





Mrs Stewart has been working with the Prep C class this week, helping them create some wonderful masterpieces during their art lesson.

## **OTHER SCHOOL NEWS**



## **IGNITE A PASSION** FOR THE GAME!

#### St Gerard's Parish School

Tuesday's 3.30-4.30pm

Dates:18/2, 25/2, 3/3,10/3, 17/3, 24/2

Cost: Free Location: Oval Teacher Contact: Dorothy Stack

play.afl/auskick



JOIN A CREW NEAR YOU TODAY (Q PLAY CRICKET



















Participant information	St Kilda Football Club Member: Yes No	
Given name:	Membership Number:	
Surname:		
Date of birth:	School attended:	
Country of birth:	Grade/Year Level	
Gender: Male Female	AFL club supported:	
	Community Football Club or Auskick:	
Do you identify yourself as Aboriginal or Torres Strait Islander?  Yes No Do not wish to disclose	Media Permission: Yes No	
State/Territory: Postcode:	The AFL may usemy child/ward's: - Images and footage in any form for marketing and/or promotional activity in	
Language other than English spoken at home:	connection with the Multicultural Schools Program Disclose the Information to AFL clubs, AFL affiliates, AFL partners and third parties for the purposes of research, development and marketing, and any othe purpose in accordance with the AFL's Privacy Policy available at: http:// www.aflcommunity.com.au/index.php?id=189.	
Parent/guardian contact details		
Parent's first name:	Communications	
Email	www.facebook.com/AFLMulticulturalProgram	
Telephone:	@AFLDIVERSITY	
Mother's country of birth:	Signature	
Father's country of birth:	Signature	
Cultural information provided on this form will help identify participants eligible for AFL Diversity opportunities.		
Do you want a Saints Squad* membership: Yes No	Parent/guardian	

By joining the Saints Squad, you become part of the Club and will receive:

- \* Admission to three St Kilda home games for 2018, plus access to guest passes
- \* Access to one junior clinic with St Kilda players
- \* Exclusive Saints Squad Drink Bottle

By selecting yes, you are agreeing to the Terms and Conditions of the St Kilda Football Club. We will endeavour to use the information you provide to us only for club-related purposes and in accordance with the club's privacy policy, available from saints.com.au/privacy. Entry into the Saints Squad and attendance to matches is subject to capacity. St Kilda Football Club reserves the right to alter the nature of this offer at any time.



## **OTHER SCHOOL NEWS**

# **CSEF Applications Open!**

If you have a current Health Care Card like the one pictured below or a Concession Card, you may be eligible for the Camps, Sports and Excursion Fund reduction on your school fees. Applications were sent home with your school fee statement or you can pick one up from the office. If you have any guestions please see the office for assistance.





Andrew Vaccaro 0404 390 82



What has a head and a tail but no body?



Dear parents, guardians and carers

#### Re: Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines* (2019).

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the <u>Australian Government's Privacy Policy (https://www.education.gov.au/privacy-policy)</u>.

Further information about the NCCD can be found on the <u>NCCD Portal</u> (<u>https://www.nccd.edu.au</u>).

If you have any questions about the NCCD, please contact the school.

Kind regards

#### **Principal**