



### ST GERARD'S SCHOOL

## **NEWSLETTER**

Term 1, Week 4

**21 February 2025** 



Dear God,

Please help me to be respectful of others even though sometimes I disagree with them.

Help me to live my life in a way that I may be a good example of Jesus Christ.

May I continue to respect my friends and all aspects of my learning.

In Jesus' name I pray,

Amen.







### PRINCIPAL'S MESSAGE

Dear Families,

We have had another week with a variety of learning opportunities for our children and families to participate in.

Our first gathering with the **Parish Legion of Mary** took place on Wednesday which saw a number of children join this group to **pray the Rosary together**. This occurs twice a term and is another way to strengthen our link with the parish and live out our faith. Children are welcome and encouraged to attend these gatherings and I would like to thank Mrs O'Brien and Mrs J for accompanying the children.

On Thursday we had our first **Walk/** Ride to School Day. It has been wonderful to see a growing number of children (and families) walking or riding to school on a regular basis. These days highlight the importance of being active and some exercise before a day of learning can have a positive impact.

Yesterday (Thursday) we also had our first **3 Way Conversations** for the year which provides an opportunity to get the 3 main stakeholders in your child's learning (child, family and school) together at the start of the year. **If you have not been involved in a PSG meeting or were not involved in a 3 Way Conversation please contact your child's classroom teacher to arrange a time to meet. It is a vital aspect of learning to have a strong connection between school and home.** 

The first of our 5 **AUSKICK sessions** occurred yesterday afternoon with over 40 children participating. If your child would still like to join please see the information contained in this newsletter. This is a chance to develop some AFL and social skills and try a team sport.

As I mentioned last week, we are noticing that we have children **arriving after 8.55am**. This can impact on a child's learning as they have not had time to organise themself, socialise, be settled and the first session for the day has started. While no one intends to be late and sometimes there are factors out of our control, I would ask that we focus on getting to school on time.

Our **Annual Whole School Athletics Day** is fast approaching and will take place **next Friday 28 February**. This is always a wonderful day where our children get to display their sporting talents and enjoy being with the whole school. Families are more than welcome to come and be part of the day and if there is anyone who would be able to assist with setting up/ packing up or helping with some of the events please contact myself via email <a href="mailto:principal@sgdendenongnth.catholic.edu.au">principal@sgdendenongnth.catholic.edu.au</a> (P) 9791 7553 or Seesaw. Please see Operoo for details and to grant permission.

Next week we also have our **Year 3 Reconciliation Family Workshop on Tuesday 25 February at 7.00pm in the PAC**. All those children preparing to celebrate this Sacrament of Healing are asked to attend this gathering with their family.

## PRINCIPAL'S MESSAGE

We also have the first of our **Open Days next Tuesday 25 February.** This is an opportunity for prospective families to see all that we offer here at St Gerard's. We have **2 other Open Days planned for Wednesday 5 March and Thursday 13 March.** If you know families who will be looking for a school in 2026, we would appreciate you letting them know of these dates.

A reminder that Mrs Dorothy Stack is on leave until Friday 4 April (end of Term 1). During this time some of Dorothy's leadership responsibilities will be undertaken by other staff members. Mrs Gwen O'Brien will assume the responsibilities for Learning Diversity and Religious Education and Ms Nicole Fernandez will assume the leadership responsibilities for Daily Organisation and Timetabling. I have full confidence in these 2 leaders to maintain these important aspects of our school.

Please feel free to contact Gwen, Nicole or myself if you have any questions or concerns in any of these areas.

Mrs Gwen O'Brien – <u>gobrien@sgdandenongnth.catholic.edu.au</u>
Ms Nicole Fernandez – <u>nfernandez@sgdandenongnth.catholic.edu.au</u>
Mr Paul Cowan – <u>principal@sgdandenongnth.catholi.edu.au</u>

We look forward to welcoming Dorothy back at the start of Term 2.

A final reminder to those families who have children with a **Medical Management Plan** that if there are changes to any aspect of the plan you need to **contact the School Office**. It is vital that the information we have here at school is current and accurate and that the plan is not out of date.

Have a great weekend and God bless.

Paul Cowan PRINCIPAL



#### **Whole School Mass**

Ash Wednesday: 5th March, 9:15 (Parish Mass)

Class/Level Mass

3/4S: Thursday 27th February, Class Mass at 10:00am 3/4W: Thursday 20th March, Class Mass at 10:00am

Reconciliation

Year 4S & 4WL: Thursday, 13th March at 10:15 Years 5/6O & 5/6T: Thursday, 27th March at 10:15am

### **Other Important Dates for Religion**

4th March: Shrove Tuesday and Subway (optional)

17th March: Wear a *Touch of Green* with school uniform for St Patrick's Day
TBA: Delegation of Yr 6 leaders attend St. Patrick's Day Mass at Cathedral

31st March onwards: The Passion Gallery Walk for student and family participation

4th April: Parishioners and Family invited to attend *The Passion Gallery Walk* 

after Mass

17th April: Holy Thursday

18th April: Good Friday Day of Fast and Abstinence

19th April: Holy Saturday
20th April: Easter Sunday



### **Project Compassion**

Caritas Australia's yearly Lenten campaign unites countless Australians in the global fight against poverty, championing justice, and upholding dignity. On Ash Wednesday, Project Compassion Boxes will be handed out to every class, each assigned a specific fundraising target for the Lenten season.

The class that achieves the highest fundraising amount will enjoy a well-deserved free dress day as a reward! Stay informed about each class's progress in fundraising efforts through regular updates provided by the Social Justice Leadership Team during school assemblies.

#### **Altar Servers**

Altar service practice will resume on Thursday, February 13th, and will take place every Thursday evening at 5:30 pm in St. Gerard's Church. To be eligible for service, individuals must have completed their First Communion. This provides a wonderful opportunity for young members of the Church to participate in the liturgy and take on the responsibilities associated with altar service. For any inquiries regarding altar service practice or eligibility, please feel free to contact the parish office at 97924422.



### **An Invitation to Bring Mary Home**

An Invitation to Bring Mary Home: A Week of Family Spiritual Connection

We extend an invitation to families to bring the Our Lady statue into their homes for a week, enhancing their family prayer experience. A brochure containing instructions for engaging in rosary prayer, along with sets of rosary beads, will be provided. If you are interested in taking the Our Lady statue home, please let Mrs. O'Brien know.



### **Lunchtime Rosary**

The Legion of Mary Group is teaming up with the school to lead Rosary prayer sessions during lunch breaks. These will take place during the first lunch on Tuesdays in Weeks 4 and 8 of each term.



### **The Passion Gallery Walk**

We're excited to invite families to experience *The Passion Gallery Walk* starting March 31st. Each class will contribute two artworks inspired by their assigned Stations of the Cross, reflecting on The Passion.

**Details:** 

When: From March 31st

Where: PAC - The Passion Gallery Walk

Join us for this reflective journey as we share this meaningful time together. Stay tuned for more details!

### **Easter Gallery Walk**

Families are invited to follow up on *The Passion Gallery Walk* by viewing the Resurrection artwork, which will be displayed after Easter.

# **Reading Before School**

Reading Before School has started full steam ahead.

We had a very good turn out with parents and students reading to each other this week. Children receive a raffle ticket and go into a draw to win a prize. Students are encouraged to attend and read a book by themselves, to each other or with their families.











# Reading Before school











## Wellbeing



#### What's resilience?

Resilience refers to the ability to manage everyday stressors and challenges.

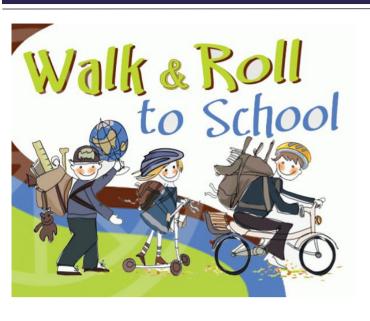
Resilience enables people to shift back along the mental health continuum towards good mental health. A child or young person's ability to be resilient can depend upon many things and can change depending upon their situation. Importantly, specific situations or events that one child or young person may find challenging, another may not. Learn more about how you can help <u>build resilience in children</u>.

#### A child or young person who is resilient might:

- be optimistic
- use positive self-talk for encouragement
- have a positive sense of self
- identify and express their feelings and thoughts
- not hide away from strong feelings
- have helpful, age-appropriate strategies to manage their emotions when upset
- rearrange their plans to work around an unexpected situation
- have a sense of agency or responsibility
- keep on trying if something doesn't work out and use their judgment about when to stop
- hold a sense of purpose or hope for the future
- actively ask for help if they need it

feel a sense of attachment to family, their learning community and to learning.

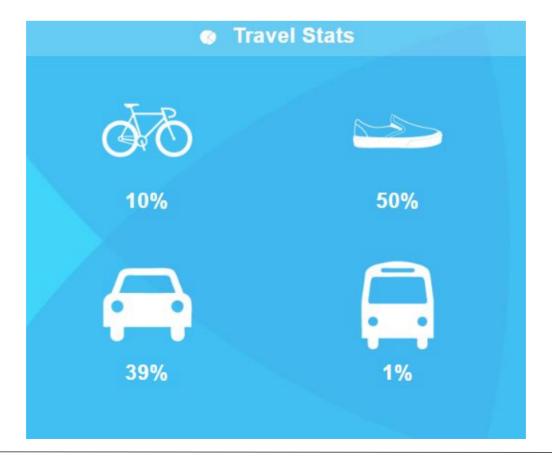
## Wellbeing



A big thank you to all of the families who participated in Ride to School Day on Thursday  $20^{th}$  February. Congratulations to 5/60 who had the most students walking, scooting and riding to school!!

### Well done to:

1<sup>st</sup> place- 5/60 with 70% riding, scooting or walking 2<sup>nd</sup> place- 1/2FB with 66% riding, scooting or walking 3<sup>rd</sup> place- 5/6T with 60% riding, scooting or walking



# Walk & Roll







## Wellbeing

#### Give Me 5 News

Next week our Give Me 5 whole school focus is to be Respectful in all learning areas. You can do this by speaking appropriately and using manners, caring for property, taking turns, showing whole body listening and greeting people by their name. Students who are being Respectful in the arning areas will be rewarded with a raffle ticket.

The raffle tickets will be drawn during next week's whole school assembly.

### St. Gerard's Give Me 5 Whole School Matrix



Principle	Learning Areas	Corridors	Toilets	Playground/Sandpit
Be Respectful	Speak appropriately and use manners	Speak appropriately and use manners	Speak appropriately and use manners  Give other users their privacy	Speak appropriately and use manners
	Care for property	Care for property		Care for property
		<ul> <li>Keep the area neat and tidy</li> </ul>	Care for property	<ul> <li>Place rubbish in the bin</li> </ul>
	Take turns		<ul> <li>Keep toilets tidy and flush</li> </ul>	<ul> <li>Keep sand in the sandpit and bark in the garden</li> </ul>
	Whole body listening		Wash hands	
	Greet people by name			Include others
				Respect everyone's views and space
Be	Follow Directions	Follow Directions	Follow Directions	Follow Directions
Co-operative				
	Move safely	Move safely	Move safely	Move safely
		<ul> <li>Walk on the left hand side of</li> </ul>		
	Stay on task	the corridor to exit and the	Wait for your partner	Play fairly
		right hand side to enter		<ul> <li>Accept rules</li> </ul>
	Share with others and help each other			Take turns
				Share and use equipment safely
				Accept rules
Be Your Best	Keep hands, feet and objects to yourself	Keep hands, feet and objects to yourself	Keep hands, feet and objects to yourself	Keep hands, feet and objects to yourself
	Ask for help		Report problems to a teacher	Try to solve your problems
		Only enter the area with permission		
Be Positive	Never give up	1,1-20		Encourage others
Be Spirit filled	Treat others as you would like to be	Treat others as you would like to be	Treat others as you would like to be	Treat others as you would like to be
	treated.	treated.	treated.	treated.
				<ul> <li>Say sorry and forgive others</li> </ul>
	Pray daily and during meditation			
			I	Be kind

### **AUSKICK**

### St Gerard's AUSKICK 2025

St Gerard's is once again offering an exclusive AUSKICK (AFL) program for all students after school on Thursday afternoons from 3.30pm – 4.30pm on our school grounds.

This has proved to be a very popular program in the past and I am sure it will be again.

This will be a 5-week program starting on Thursday 20 February and continuing each Thursday until Thursday 20 March.

An online registration form is below and will need to be completed prior to the first session.

School staff will supervise the children from 3.30pm and children that attend OSHC will be escorted back to the room after the sessions.

If you have any questions, please contact myself via Seesaw or email <a href="mailto:principal@sgdandenongnth.catholic.edu.au">principal@sgdandenongnth.catholic.edu.au</a>

This is a wonderful opportunity to develop some AFL and social skills and will hopefully lead to our children becoming part of the local AUSKICK Program.



## **Important Dates**

#### **February**

- 25th Year 3 Reconciliation Family Night 7.00pm
- 26th Foundation Rest Day 4 of 4 Final
- 26th Reading before school in the library from 8:30am
- 27th Year 3/4 S Class Mass
- 27th AUSKICK (AFL) Week 2, 3:30pm 4:30 pm
- 28th St Gerard's Whole School Athletics Day at Mentone Athletics Track

#### March

- 4th SUBWAY Lunch
- 4th Shrove Tuesday
- 5th Ash Wednesday
- 5th Reading before school in the library from 8:30am
- 6th AUSKICK (AFL) Week 3, 3:30pm 4:30 pm
- 10th Labour Day Public Holiday
- 13th Year 3 Reconciliation Reflection Day
- 12th 24th NAPLAN Testing (Years 3 and 5)
- 12th Reading before school in the library from 8:30am
- 13th Year 4 Reconciliation
- 13th AUSKICK (AFL) Week 4, 3:30pm 4:30 pm
- 19th Reading before school in the library from 8:30am
- 19th Rosary in the Church at 11.05am
- 20th Year 3/4 W Class Mass
- 20th Year 3 Reconciliation Celebration 6.30pm
- 21st Reconciliation Assembly 2.50pm
- 20th AUSKICK (AFL) Week 5 (FINAL), 3:30pm 4:30 pm
- 21st National Ride to School Day
- 26th Reading before school in the library from 8:30am
- 27th Year 5/6 Reconciliation
- 31st The Passion Gallery Walk starts

#### **April**

- 1st Reading before school in the library from 8:30am
- 2nd 4th Year 5/6 Camp CYC The Island
- 4th The Passion Gallery Walk finishes
- 4th End of Term 1, school finishes at 3.30pm



### AGS PRINTS Pty Ltd

Wholesalers of Quality Schoolwear & Uniforms
In House Design & Printing

#### www.aplusschoolwear.com.au

BOR NO: 2010 / 2532

ADDRESS:133 BAKERS ROAD NORTH COBURG VIC, 3058

PHONE: 03 9354 8345
FAX: 03 9354 5777
E-MAIL: info@agsprints.com.au

Please note the following changes in relation to uniform purchases for St Gerard's Primary School:

Uniforms can now be purchased in the following ways:

#### Option 1 - Online Order

#### Access to our Online Ordering System

- 1. <u>www.aplusschoolwear.com.au</u>
- 2. Go to SHOP ONLINE NOW (red box)
- 3. Select your school
- 4. Uniform listing with images will appear.

Select items you are wishing to purchase:

Style

Size

Colour

Quantity

Add items to bag

- 5. Once all items are added to bag, proceed to checkout.
- 6. Select delivery options
  - a. Pick up from school (free) in comments section please enter your child's name and class
  - b. Pick up from A Plus Schoolwear (free)
  - c. Postal address (delivery charges will apply)
- 7. Either checkout as guest, returning customer or create a new account.

Orders placed by Sunday will be delivered to the school the following Thursday

#### Option 2 - Fill out the order form and leave it at the school office.

Orders received by Friday will be delivered to the school the following Thursday

#### **RETURNS**

Can be given to the school office AFTER contacting AGS and will be either exchanged or refunded by A Plus School wear.

Should you have any queries regarding the above, please contact A Plus Schoolwear

9354 8345 or email angie@agsprints.com.au



A reminder to families that arrive before 3.25pm to park in the carpark.

Joining the drop off/ pick up line, particularly near the pedestrian crossing, creates a backlog of cars and prevents families from parking in the car park, which causes issues. Another aspect of this is to be mindful of our procedures at the end of the school day. There are designated pick up areas for our students and pedestrian pathways. It can be busy at the end of the day, especially when it is cold and raining, however we need families walking home or to their cars to use the pedestrian pathways. I thank you in advance for your cooperation.

## **Important Notes**

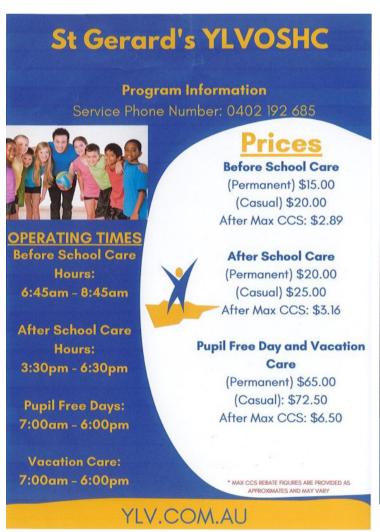
### <u>Medical Plans And Asthma</u> <u>Plans</u>

This is a friendly reminder to provide the school with updated medical and asthma plans for 2024. If your child has asthma or requires other medications, please ensure that Ventolin, a spacer, and any necessary medications are supplied on the first day back to the school office.

All medications will be stored in individually labeled bags in the school office for safekeeping.

### Pick-up From After-School

Parents are asked to please be prompt when picking up your child/ren after-school. If a ride is not here when school concludes, the student may be sent to aftercare instead of the office. Please remember school aftercare does have a cost involved and time will begin accruing at the end of the school day. If a student's ride has run into an unexpected delay, please call the main office to let them know.





# **Important Information**



Happy Birthday to all who have celebrated and will celebrate their birthdays, this week including this weekend and January.

ARABELLA Yr 5



- Every Day Counts Primary School Attendance Information
- AFL Auskick st Gerard's 5 Week Program
- Ukraine Support Fund
- Springvale Indoor Sports Indoor Soccer
- AFL Auskick St Gerard's 5 Week Program



### Chicken Eggs For Sale

- St Gerard's would like to offer families the opportunity to purchase delicious organic eggs laid by our resident flock of chickens.
- You can purchase these eggs from the school office at a cost of \$8 per dozen.
- All proceeds from the sale of the eggs will go towards purchasing food for our feathered friends.
- Please message <u>Nicole Fernandez</u> via Seesaw if you would like to purchase some eggs.