St Gerard's Primary School
NEWSLETTER

Term 2, Week 5

www.sgdandenongnth.catholic.edu.au
03 97917553

24 May 2019

Tuesday, 28 May
- Running club 8:15 am
- Ride to School

Wednesday, 29 May
- Playgroup 9-10:30 am
- Homework Club
- National Sorry Day Assembly 2:30

Friday, 31 May
- SCHOOL CLOSURE DAY

CSEF $125 REBATE
Applications Close 28 June 2019
If you have a Health Care Card and have not yet applied, please see the office for an application.

School Prayer

God, our Father, as members of the Parish Community of St Gerard's we praise you for your love. May we grow stronger in faith and hope, and may our love for each other, become deeper in our daily lives. Grant this through your Son, and our brother, Jesus Christ,

AMEN

'Peace I leave with you; my peace I give to you.

How do we live righteously when people being avaricious, egocentric and aggressive seem to gain advancement in this world? Living a life right with God, neighbours, and the earth (*Laudato Si'*) can lead to us being taken for a fool. Our readings on Sunday remind us that if we notice the movement of the Holy Spirit, we will be given cause to know how to respond to every circumstance. We will know the care of God by the peace that will be given to us, a peace not of this world.

We attain divine peace by listening to the Holy Spirit at work in our lives. By loving and attending to the Word we open ourselves up to the wisdom of God. By discerning how God is speaking to us through the church, we become more available for mission in the world.

MESSAGE FROM ACTING PRINCIPAL

Dear Families,

WORKING BEE

The school will be having a working bee on Saturday 15th June. We have a number of jobs to do in the grounds, these include building a fence around the kitchen garden, cleaning up the sand pit, weeding and general cleaning up in the grounds. I encourage you to come along if you are free on the morning. We will be having a sausage sizzle and those who attend will have the $80.00 maintenance levy deducted from their school fees. I will be there with a number of staff and the more hands we have the more work we can get done.

MARY HELP OF CHRISTIANS FEAST DAY

Today we attended mass for the feast of Mary Help of Christians. I was very proud when a number of parishioners told me how St. Gerard's students were very well behaved. We know how good our students are but it is always special when we hear it from others.

WEDNESDAY IS OPEN DAY - SHARE THIS NEWS!

We are now taking enrolments for 2020. Every Wednesday during Term 2 is OPEN DAY. If you have any friends or relatives who are looking for a school for their child please pass on this information.
Please share the news that St. Gerard's is an excellent school with new buildings, enormous grounds and excellent academic results. If they cannot attend on this day just ring the school and we will organise another date and time.

NAPLAN COMPLETED

Over the past two week our students have completed their Naplan assessment.
This year our students sat the NAPLAN online tests using school computers. We had no difficulties and all tests were completed. We are very proud of our students who achieve in so many different ways that cannot be assessed. We are proud of the way they respect and care for others. The results of these tests will not be available till August. If you have any questions please see your child's teacher or myself.

My thoughts and prayers are with the community of St. Gerard's,

May God Bless you all,

Carol Stewart

RELIGIOUS EDUCATION NEWS

Whole School Masses:

Friday 28th June	Sacred Heart of Jesus at 9:00

Reconciliation: Year 3

Reconciliation Activity Day:	Wednesday 12th June
Reconciliation:	All Year 3's Thursday 13th June at 10:15
Reconciliation Assembly:	Friday 14th June @ 2:30

First Communion: Year 4

First Communion:	Sunday, 8th September at 2pm (for Year 4)

Confirmation: Year 6

Confirmation Information Night:	Tuesday 4th June at 7pm
Confirmation:	Sunday, 28th July 3:00 pm

Other Important Dates:

National Sorry Day Assembly:	Wednesday, 29th May (led by Social Justice Team)
Refugee Week Assembly:	Thursday 20th June (Lead by Social Justice team)

Feast of the Sacred Heart of Jesus

Once again we'll aim to have our food cart to be filled to the brim for the St Vincent De Paul Winter appeal. The social justice leaders to collect food from week two and the collection will finish on the Feast of the Sacred Heart of Jesus. The class that brings in the most items will win a casual dress day. Please donate to this worthwhile appeal.

Altar boy training

Altar boy training is in the Church from 5pm to 6:30pm every Thursday evening. Please contact Mrs Stack if you are interested in joining our dedicated team of Altar Servers.

The Social Justice Team Promotes Awareness of the Homeless

The Social Justice Team have been busy promoting awareness of the homeless to make a real difference in St Gerard's and wider community. The St Vincent de Paul Society relies on donations from supporters like St Gerard's to ensure that they can continue providing their important services and rebuilding lives.

Raising Awareness that Homelessness is a growing problem with more and more people turning to Vinnies for help. The Vinnies Sleepout encourages students to talk to family and friends about homelessness and how we can each make a difference.

Homelessness is experienced by everyday people living in our local community. Many families living on the edge are only three pay packets away from homelessness. If individuals have no family or friends to rely on, it's easy for someone to fall through the cracks and end up sleeping in their car, couch surfing or on the street.

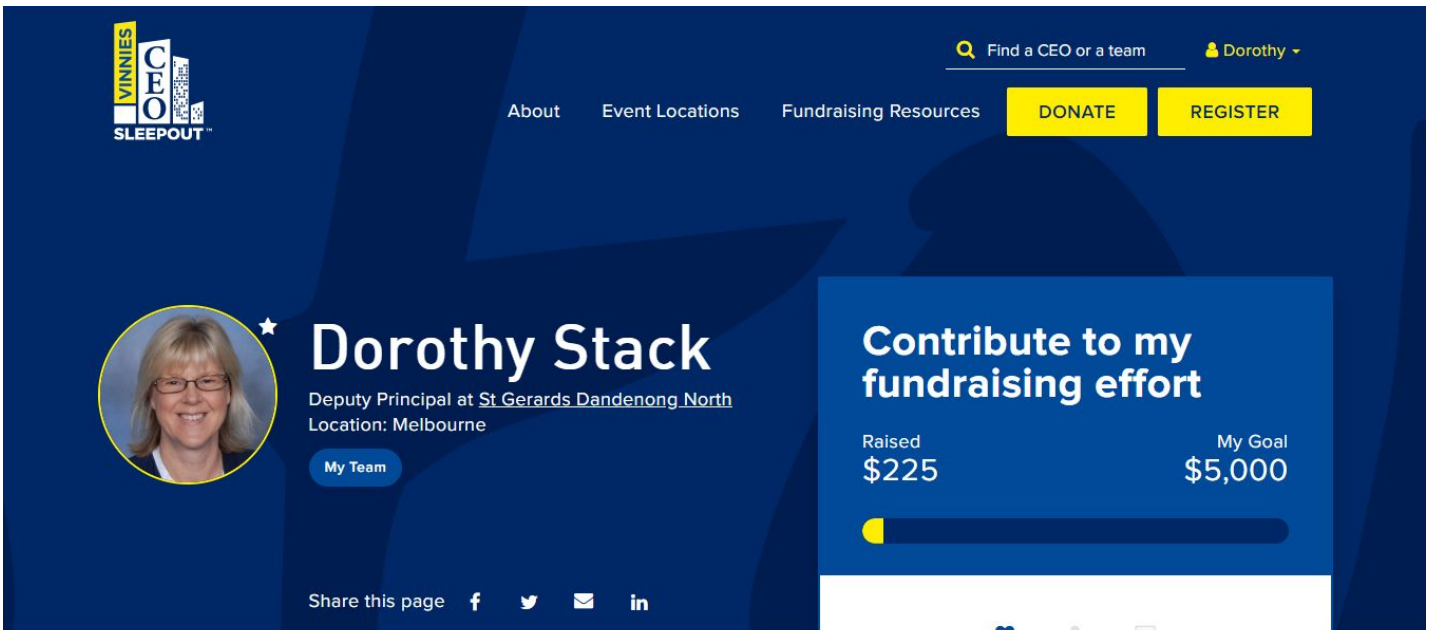
One night isn't a lot, but it can make a whole lot of difference & Mrs Stack is going to do just that! Help her reach her target!

Every night, thousands of Australians experience homelessness. But it doesn't have to be that way. This year I'm taking part in the Vinnies CEO Sleepout to raise money for the St Vincent de Paul Society to support Australians in need. For one night, I'll be sleeping outside as part of an eye-opening experience to raise awareness and bring home the realities of homelessness.

To help break the devastating cycle of homelessness, I need your support. Will you help me to reach my target?

If you would like to support this cause, please go to the following website:

https://www.ceosleepout.org.au/fundraisers/maddiepearcesvdp-vicorgau/melbourne?ref=ch_1EaAKALegKWoKG8ybAdzjRlZ



Leading with compassion

Our CEO is participating in the 2019 Melbourne Vinnies CEO Sleepout to help raise $900,000 for Vinnies Victoria.

DONATE NOW AT:

https://www.ceosleepout.org.au/fundraisers/maddiepearcesvdp-vicorgau/melbourne?ref=ch_1EaAKALegKWoKG8ybAdzjRlZ

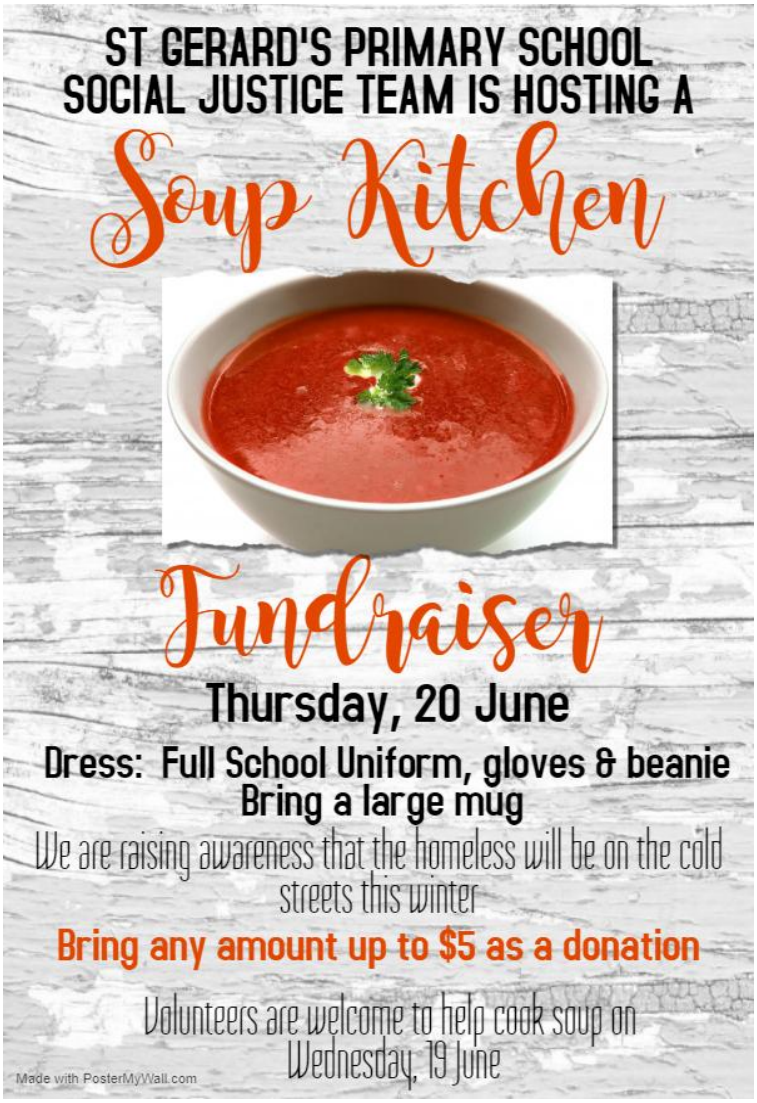
#leadingwithcompassion

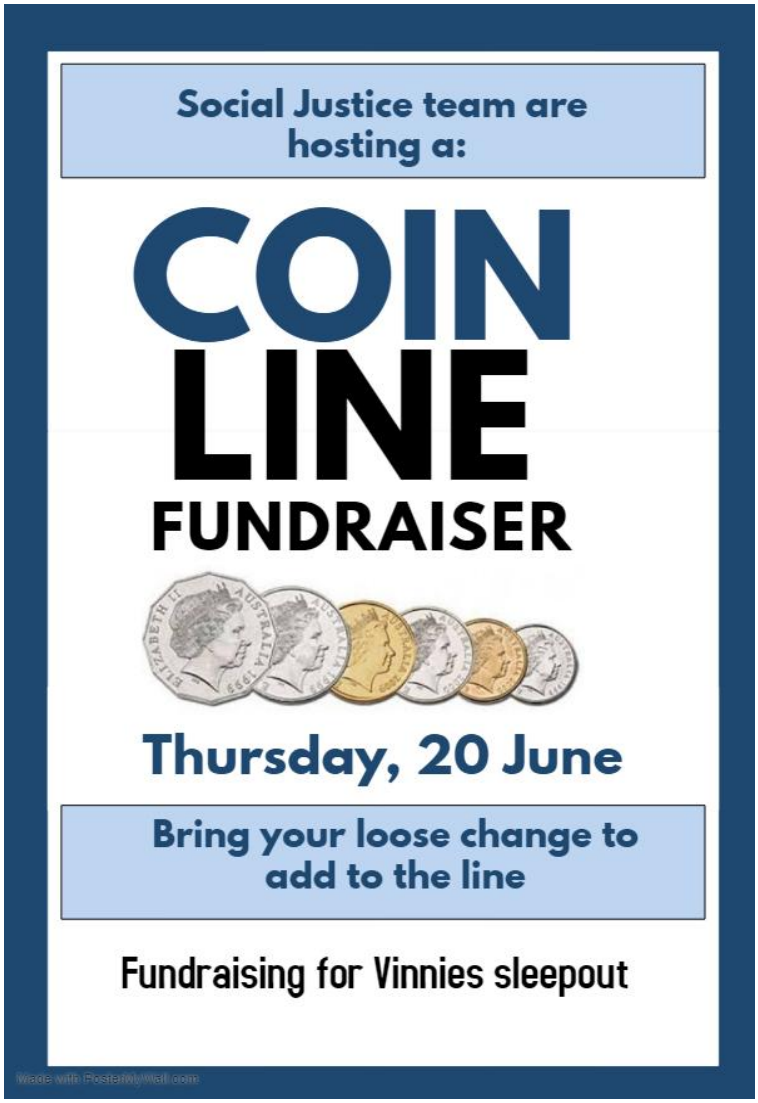
St Vincent de Paul Society
good works

VINNIES CEO SLEEPOUT™

RELIGIOUS EDUCATION NEWS CONT'D

The Social Justice Team are hosting the following fundraisers to raise money and awareness of the vinnies sleepout.





SPORT NEWS

A big congratulations to all the St Gerard's competitors in today's District Cross Country at Wachter Reserve, Keysborough.
In very tough, wet conditions the children did a fantastic job finishing the very long course, cheering on their team mates & trying their very best. I am very proud of their effort & can-do attitude!
A special mention to Charlie George who came 5th in 9/10 boys & Doki Jada who placed 9th in the 11 girls. Both progress to competing at Division level.
I hope all the children enjoy a nice, warm bath tonight!!!
Mrs Wilson, PE Specialist

Positive Behaviours for Learning News

This week in our SEL groups we revised "respect in the playground" statements from our Give Me 5 matrix.

The Prep to 2's discussed the importance of respecting others and school equipment in the playground. The students then acted out examples of how to include others, picking up rubbish in the playground, looking after the sandpit and taking care of other areas of our playground.

The 3/4's created posters and displayed them around the school, to remind students how everyone can be respectful in the playground.

The 5/6's created videos showing the importance of respecting others in the playground and environment. The 5/6's will present these videos to a junior class next week.

Give Me Five News

A big congratulations to the following students who received their first golden band this week.

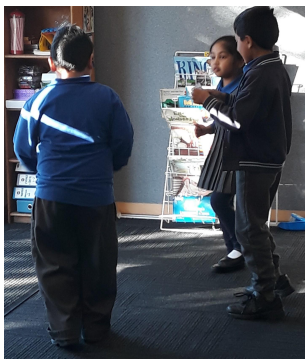
1/2B
Amy.A
Indianna
Marcus
Amsana
Kanwer
Mary

1/2FP
Dahlia
Aditey

The following Prep to 2 students have received 20 wristbands and received a precious gemstone this week. A big congratulations to:

John.A and Amy.V from 1/2BT!!

Well-done to 3/4L for achieving 50 wristbands!! They will be negotiating a class reward with Mrs Lewis.



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WELLBEING NEWS CONT'D

Woolworths Earn & learn is back! Stickers can be put in the St Gerard's Primary School box at **Dandenong Plaza Woolworths** or there is one in the office. A sticker chart has been sent home with your child. More can be collected from the office when this one is full.

We reached a total of **5280** last year which enabled us to buy some great sports equipment let's see if we can do even better this year and reach **6000!**

HAPPY SHOPPING.

Walk or Ride To School Tuesday, 28th May 2019

Tuesday, 28th May is a Ride to School Day. Students are encouraged to walk or ride to school from home or from a nearby drop off point. If your child doesn't normally walk to school, you could do this together.

Students who ride are given a sticker and the class who has the most students riding or walking get to keep our Ride to School trophy in their classroom for that month.

Students can ride bikes, skateboards or scooters.

They must wear a helmet at all times.

Upon arrival at school, students must hop off their bike or scooter and lock up their bike or scooter in our bike parking area (behind the 1/2 gathering space).

Wellbeing.

DID YOU KNOW?

How are nutrition and mental health linked?

Healthy eating helps children and young people feel better about themselves and their bodies, cope more effectively with stress, better manage their emotions and get a good sleep – all of which assist learning.

In contrast, poor nutrition has been linked to emotional and behavioural problems and increased learning difficulties.

Most research about nutrition and mental health has focused on adults. Researchers have found that good nutrition is associated with better mental health outcomes, whereas a poor diet is associated with a greater risk of depression and anxiety.

Emerging research that focuses on children and young people has also found a relationship between unhealthy diets and poorer mental health outcomes. There is a link between externalising behaviour (such as hyperactivity, aggression, disobedience) and diet.

For example, poor nutrition has been associated with symptoms of attention deficit hyperactivity disorder. Poor nutrition also affects concentration and increases tiredness, which then interferes with learning. Children and young people's behaviour, and their academic performance improves when good quality food is eaten.

Be You Website

Kitchen Garden - 3/4 S

This week 3/4S enjoyed their Garden to Kitchen lesson. The 3/4 S enjoyed preparing and eating soda bread and pumpkin soup. Ask them to make it for you at home. Once again a huge thank you to our amazing, dedicated mums who volunteer their precious time every Friday.

St Gerard's Primary School

Working Bee

FEE REDUCTION FOR THOSE WHO ATTEND *

Saturday, 15 June

9 am - 12 pm

* We would love to see as many families as possible come along and help out. Those who do will be eligible for an $80 deduction of school fees per family

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ST GERARD'S PRIMARY SCHOOL

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TERM 2, 2019 - Parent Calendar

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1	22/4	23/4	24/4	25/4	26/4
	EASTER MONDAY	First day Term 2 Easter Resurrection Paraliturgy - 2:30	• Playgroup • NO Homework Club • Gr 5 Ricketts Point Excursion	ANZAC DAY	
					28/4 10:30 Mass offered up for the Victims of Sri Lanka
2	29/4	30/4	1/5	2/5	3/5
	• Melbourne Football Club incursion Gr 3/4 & Gr 6	• Ride to school • Running Club commences 8:15 am	• Playgroup 9-10:30 am • Homework Club commences	• Responsible pet ownership Incursion (prep – 2, 9:30 – 12:30) • P/5/6 Level Mass	• Sporting Schools • Kitchen Garden Cooking Prep C
3	6/5	7/5	8/5	9/5	10/5
		• Running club 8:15 am • Reconciliation Parent/Child Info Night @ 7pm • 3/4 Cross Country	• Playgroup 9-10:30 am • Homework Club • 5/6 Cross Country	• 3/4 Level Mass	• Family Week Breakfast • Sporting Schools • Kitchen Garden Cooking 3/4 L
					MOTHERS DAY 12/5
4	13/5	14/5	15/5	16/5	17/5
	FAMILY WEEK Our Lady of Fatima Pilgrim Statue Rosary in the Church 10:00 Prep, 12:00 1/2, 1:00 3/4, 3:00 5/6	• Running club 8:15 am **NAPLAN Online** **14th - 24th**	• Playgroup 9-10:30 am • **NO** Homework Club • School Photos	• 1/2 Level Mass	• Sporting Schools • Kitchen Garden Cooking 5/6 O
5	20/5	21/5	22/5	23/5	24/5
	NAPLAN Online **14th - 24th**	• Running club 8:15 am	• Playgroup 9-10:30 am • Homework Club	Subway Lunch	• Sporting Schools • DDPSSA Cross Country • Our Lady Help of Christians Whole School Mass 9:00 am • Kitchen Garden Cooking 3/4 S
6	27/5	28/5	29/5	30/5	31/5
		• Running club 8:15 am • Ride to School	• Playgroup 9-10:30 am • Homework Club • National Sorry Day Assembly 2:30		School Closure Day
7	3/6	4/6	5/6	6/6	7/6
		• Running club 8:15 am • Confirmation Child/Parent information night, 7pm	• Playgroup 9-10:30 am • **NO** Homework Club • Red Cross 1st Aid Training		• Kitchen Garden Cooking 1/2 B
8	10/6	11/6	12/6	13/6	14/6
	Queen's Birthday Holiday	• Running club 8:15 am	• Playgroup 9-10:30 am • Homework Club • Reconciliation Reflection Activity Day	Grade 3 First Reconciliation 10:15	• Kitchen Garden Cooking 5/6 VT • Reconciliation Assembly 2:30 • Sporting Schools
					WORKING BEE 15/6
9	17/6	18/6	19/6	20/6	21/6
	REFUGEE WEEK • Refugee Week Assembly 9:00	• Running club 8:15 am • Ride to School •	• Playgroup 9-10:30 am • Homework Club • Soup Kitchen cook up	Soup Kitchen Lunch **Wear Full uniform, beanie and gloves** Coin line Fundraiser	• Gala Day 2 • Kitchen Garden Cooking 1/2FP • Reports go home
10	24/6	25/6	26/6	27/6	28/6
		• Running club 8:15 am • 3 Way Parent/Teacher interviews	• Playgroup 9-10:30 am • Homework Club		• End of term 2:30