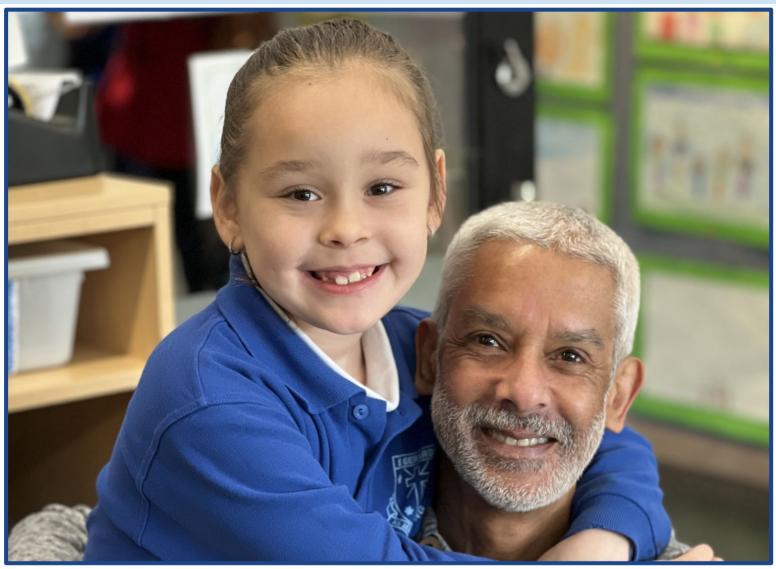
### ST GERARD'S PRIMARY SCHOOL **NEWSLETTER**

TERM 3 - WEEK 3 28th July, 2023



A student shares a special bond with her loving grandfather on Grandparents Day. 🤎 👵 👩









Feast of Sts Anne and Joachim Happy Grandparents Day!

Loving God,

This week we celebrated the Feast of St. Anne and Joachim and Grandparents Day, honouring the incredible gift of grandparents in our lives.

Bless them with your love, wisdom, and joy as they continue to be guiding lights for us and our families.

May they be filled with cherished moments and lasting memories.

Amen.



### PRINCIPAL'S MESSAGE

Dear families,

Our first Open Day for Term 3 was held on Tuesday. We have 2 more planned for Wednesday 9 August and Thursday 31 August. If you know families who are looking for a school in 2024 they are more than welcome to come on one of those days from 9.15am - 5.00pm at a time that suits them or they can contact the School Office on 9791 7553 or email: <a href="mailto:principal@sgdandenongnth.catholic.edu.au">principal@sgdandenongnth.catholic.edu.au</a> to arrange a meeting and school tour with myself.

We recognised and celebrated our **Grandparents and Special Friends on Wednesday,** which was also the **Feast of St Anne and Joachim**. People who are 'grandparent figures' in the lives of our children play a unique and significant role and it was wonderful that we were able to **welcome, acknowledge and thank these very special people.** 

On Thursday our **Year 3 - 6** classes were involved in the first in a series of **Gymnastics sessions**. This was a program we successfully ran last year and it is great that we are able to build on the skills learnt last year and learn some new ones.

Also on Thursday we had our first **Garden Market Stall** for the term. Some of our student leaders were selling a variety of produce from our garden and our delicious eggs courtesy of our school chickens. **Thank you** to our **student leaders and Ms Fernandez** for coordinating this and to all our **'customers'**.

Today (Friday) our **Year 3/4 children** traveled to Spring Valley Reserve in Springvale South for the **Greater Dandenong 'One Tree Per Child' Program** that sees children in the Greater Dandenong area plant trees for the benefit of the community and wildlife. While not only having our children contribute to the community, it also enhances the work they are doing this term on sustainability. I wish to **thank Ms Adrien** for her coordination of this event.

A reminder about our 'Mathematics through Games' Family Workshop from 6.00pm - 7.00 pm on Thursday 17 August. This will be a wonderful night and provide families with an insight into how Mathematics is currently taught. I look forward to seeing you all there.

Thank you to families in cars for reducing traffic congestion in the laneway and McNab Court after my request last week.

As I have mentioned previously, families that <u>arrive before 3.25pm are asked to park in the carpark.</u> Joining the drop off/ pick up line, particularly near the pedestrian crossing, creates a backlog of cars and prevents families from parking in the car park, which causes issues. Another aspect of this is to be mindful of our procedures at the end of the school day. There are designated pick up areas for our students and pedestrian pathways. It can be busy at the end of the day, especially when it is cold and raining, however we need families walking home or to their cars to use the pedestrian pathways.

Lastly, a reminder that **Friday 18 August** is a **Pupil Free Day** when our staff will be involved in Professional Learning. These days are important as they allow our staff to increase their understanding and skills to provide better learning opportunities for our children. Information is contained in this newsletter regarding OSHC for the day. If there is enough interest a full day program will be offered.

God bless.

Paul COWAN PRINCIPAL

### PRINCIPAL'S MESSAGE





### **Grandparents / Special Friends Day**



















## **Grandparents / Special Friends Day**



















### **Grandparents / Special Friends Day**



Happy Grand Parents

### RELIGIOUS EDUCATION



#### **Class Mass**

This term, both students and staff are encouraged to participate in designing a Class Mass, and families will have the opportunity to attend. It would be wonderful to have a large turnout of families joining us for this special occasion.

Year 5/60: Thursday 31st August, 10:00am

#### **Parish Mass**

Year 5/6T & Prep: 1/2 Level:

Thursday 7th September, 9:15am Wednesday 13th September, 9:15am



#### **Reconciliation**

Year 5/60 Thursday, 3rd August at 10:15am
Year 5/6T Thursday, 10th August at 10:15am
Year 3/4A Thursday, 17th August at 10:15am
Year 3/4S Thursday, 24th August at 10:15am

#### **Whole School Mass**

Families are invited to join us at the following Parish Masses:

Tuesday, 8th August: Mary of the Cross at 9:15am

Tuesday, 15th August: Feast of the Assumption at 9:15am

We look forward to having you celebrate with us for these special Feast Days.

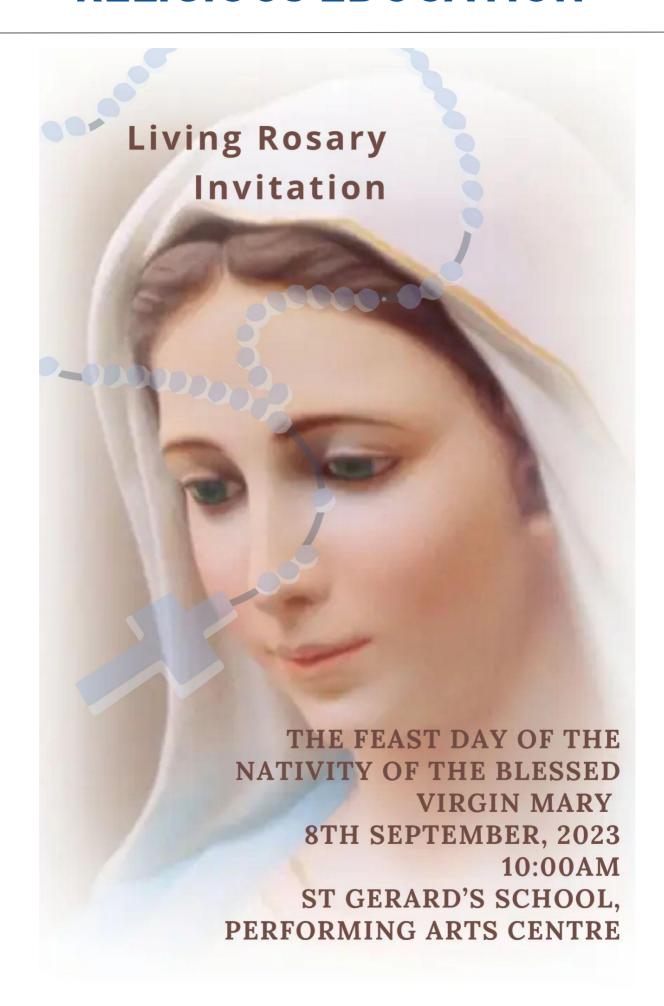




#### Whole School Living Rosary

In celebration of the feast day of The Nativity of the Blessed Virgin Mary on the 8th September, the entire school will come together for the Living Rosary. This beautiful gathering will take place at 10am, and we extend an invitation to all families to join us in prayer.

### **RELIGIOUS EDUCATION**



### RELIGIOUS EDUCATION

#### **St Gerard's Talent Quest Auditions**

Early next term, as part of our celebrations for our Feast Day and raising awareness for Mission Month, we will be holding our annual Talent Quest. Children will need to audition for this event in the last week of term if they wish to participate.

### **PARISH NEWS**



The Junior Legion of Mary Meetings are held every Monday at St Gerard's school term from 4:15pm – 5:15 pm in The Library Room (brown building in the car park of St. Gerard's Primary School).

Legion of Mary Contact: Kereena Lopez 0435 554 175 and Jacqueline Savanah on 0437 668 352.

Application forms are available to collect from the foyer of the Church.

#### **Altar Servers**

Altar Server training will resume from the 20th July for existing altar servers and any 'new recruits' wishing to help our parish celebrate Mass.

Time: 5:30p - 6:30pm

For more information contact St Gerard's Parish Office 9792 4422 or Mrs Stack 9791 7553



# Growing a mentally healthy generation



#### What's self-regulation?

Self-regulation is learning about your own feelings and emotions, understanding how and why they happen, recognising them (and those of others), and developing effective ways of managing them.

When children and young people learn to self-manage their emotions, they feel more confident, capable and in control. They have stronger relationships, are more able to pay attention, learn new things and can cope better with the normal stresses and disappointments of daily life.

#### How can you help?

Children and young people need repeated experiences of having their needs met by a caring adult.

Warm, trusting and responsive care helps children to respond with appropriate emotions, internalise a positive view of themselves and others, and learn appropriate behaviour. Children and young people also develop self-management skills by watching and experiencing how other people manage their emotions. Here are some tips about how you can support the development of self-management in children and young people

#### **Explicitly teach skills**

- Talk about ways of managing upsetting situations.
- Help them to develop strategies to use when they're feeling out of control.
- Help them express their emotions in productive ways (for example, by drawing or acting out their feelings).
- Practise mindful breathing with older children and young people.
- Explore the immediate and long-term consequences of actions.
- Promote empathy by talking about emotions and understanding how people will have different reactions to events depending on their circumstances.
- Teach problem-solving and decision-making skills.



# Growing a mentally healthy generation



#### Talk about emotions

- Acknowledge and respond to emotional communication.
- Role-model how you manage your own feelings.
- Talk about strategies to manage strong or uncomfortable emotions.

#### Promote a calm environment

Environment contributes to children and young people's self-management. Promote a calm, welcoming and encouraging environment by:

- providing structure and predictability
- establishing age-appropriate routines and limits
- o avoiding competitive experiences for young children
- including relaxation breaks in the day
- o encouraging ways to release tension they might be holding in their body
- demonstrating calmness and staying in control of your own feelings and behaviours self-awareness allows you to maximise your positive interactions with children and young people and better manage situations where they 'push your buttons'.





Students who display the expectations present on the school Matrix are rewarded with a raffle ticket from their classroom teacher. Once a month the raffle tickets from each class are collected and drawn during Fridays assembly.

The raffle tickets will be drawn on Friday 4<sup>th</sup> August during the assembly and the lucky winners will be announced in following week's newsletter.

A big congratulation to the following students who have displayed the Give Me 5 Principles in the classroom and playground. These students received the Principal's Award for their behaviour.

- ★ Foundation B- Tianna
- ★ 1/2FW- Kai
- ★ 1/2L- Elaine
- **★** 3/4S- Shaun
- ★ 3/4A- Ezekiel
- ★ 5/60- Iona
- ★ 5/6T- Elana

Big congratulations to the following students who received their first golden band for 2023 this week.

#### Foundation:

- Sanaya
- Ansel
- ❖ Gift
- ❖ Thomas
- Grace

1/2L

Joram

1/2FW

Joy

Well-done to 3/4A for receiving 50 wristbands!! They will be negotiating a class award with their teachers.



# Sushi

Order fresh and healthy sushi handrolls and rice paper rolls for lunch and help raise funds for our school!

### \$7.50 TWIN PACKS (2 rolls of the same type)

Avocado Handroll v GF DF EF

Crispy Chicken Handroll DF

Tuna Handroll GF DF

Spicy Prawn Handroll GF DF

Chicken Rice Paper Roll GF DF EF

- SOY SAUCE INCLUDED WITH SUSHI HANDROLLS -

#### Order online: www.sushi.net.au

Orders must be placed by 10am Wednesday 23rd August. Sorry no late orders accepted.

PayPal transaction fees/charges apply. NB: You do not require a PayPal account, most credit/debit cards accepted. Detailed instructions for ordering, and detailed ingredients list available from your school.



### Walk or Ride To School Thursday, 3<sup>rd</sup> August 2023



Thursday, 3<sup>rd</sup> August is a Ride to School Day. Students are encouraged to walk or ride to school from home or from a nearby drop off point. If your child doesn't normally walk to school, you could do this together.

Students who ride are given a sticker and the class who has the most students riding or walking get to keep our Ride to School trophy in their classroom for that month.

Students can ride bikes, skateboards or scooters.

### They must wear a helmet at all times.

Upon arrival at school, students must hop off their bike or scooter and lock up their bike or scooter in our bike parking area (in front of the Performing Arts Centre).

### **MATHEMATICS**





#### FACT SHEET FOR PARENTS, GUARDIANS AND CARERS

#### WHAT IS THE NCCD?

The Nationally Consistent Collection of Data on School Students with Disability (NCCD) takes place every year.

The NCCD is a collection that counts:

- the number of school students receiving an adjustment or 'help' due to disability
- the level of adjustment they are receiving to access education on the same basis as other students.

Students are counted in the NCCD if they receive ongoing adjustments at school due to disability. This 'help' allows them to access education on the same basis as a child without disability. The NCCD uses the definition of disability in the *Disability Discrimination Act* 1992.

Schools provide this information to education authorities.

Go to What is a reasonable adjustment? below to learn about adjustments.

### WHY IS THIS DATA BEING COLLECTED?

All schools in Australia must collect information about students with disability.

#### The NCCD:

- ensures that the information collected is transparent, consistent and reliable
- provides better information that improves understanding of students with disability
- allows parents, guardians, carers, teachers, principals, education authorities and government to better support students with disability.

#### Student with disability loading

Funding from the Australian Government for students with disability is based on the NCCD through the student with disability loading.

Students with disability who are counted in the top three levels of the NCCD (extensive, substantial and supplementary) attract the loading. Funding is based on a per-student amount at each of the three levels of additional support. The amount of the loading reflects the level of support students with disability need to participate fully in school, with higher funding for those who need higher levels of support.

Australian Government recurrent school funding is provided as a lump sum to school authorities including state and territory governments, which can then distribute the funding to their member schools according to their own needs-based arrangements.

The Government expects schools and school systems to consider their funding from all sources (ie Australian Government, state and territory and private) and prioritise their spending to meet the educational needs of all of their students, including students with disability.

### WHAT ARE THE BENEFITS OF THE NCCD FOR STUDENTS?

The information collected by the NCCD helps teachers, principals, education authorities and governments to better support students with disability at school.

The NCCD encourages schools to review their learning and support systems and processes. This helps schools to continually improve education outcomes for all students.

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# WHAT MUST SCHOOLS DO FOR STUDENTS WITH DISABILITY?

All students have the right to a quality learning experience at school.

Students with disability must be able to take part in education without discrimination and on the same basis as other students. To ensure this, schools must make reasonable adjustments if needed for students with disability. Educators, students, parents, guardians, carers and others (eg health professionals) must work together to ensure that students with disability can take part in education.

The Disability Discrimination Act 1992 and the Disability Standards for Education 2005 describe schools' responsibilities.

### WHAT IS A REASONABLE ADJUSTMENT?

An adjustment is an action to help a student with disability take part in education on the same basis as other students.

Adjustments can be made across the whole school (eg ramps into school buildings). They can be in the classroom (eg adapting teaching methods). They can also be for individual student need (eg providing personal care support).

The school assesses the needs of each student with disability. The school provides adjustments in consultation with the student and/or their parents, guardians and carers.

Schools must make reasonable adjustments if needed. The Disability Standards for Education 2005 define 'reasonable adjustment' as an adjustment that balances the interests of all parties affected.

### WHO IS INCLUDED IN THE NCCD?

The definition of disability for the NCCD is based on the broad definition under the *Disability Discrimination Act* 1992.

The following students are examples of those who may be included in the NCCD if they need monitoring and adjustments:

- students with learning difficulties (such as dyslexia)
- students with chronic health conditions (such as epilepsy or diabetes).

### WHO COLLECTS INFORMATION FOR THE NCCD?

Schools identify which students will be counted in the NCCD. They base their decisions on the following:

- adjustments provided for the student (after consultation with the student and/or their parents, guardians and carers)
- the school team's observations and professional judgements
- · any medical or other professional diagnoses
- other relevant information.

School principals must ensure that information for the NCCD is accurate.

### WHAT INFORMATION IS COLLECTED?

A student is counted in the NCCD if they receive reasonable adjustments at school due to disability.

Each year, schools collect the following information about the student, including:

- their year of schooling
- · the level of adjustment received
- the broad type of disability.

For students who have more than one disability, the school uses professional judgement to choose one category of disability. They choose the category that most affects the student's access to education and for which adjustments are being provided.

A high level summary of the NCCD data is available to all Australian state and territory governments to improve policies and programs for students with disability.

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#### HOW IS THIS DATA USED?

The NCCD data informs funding and work by schools and sectors. It ensures that support for students with disability becomes routine in the day-to-day practice of schools. The NCCD also supports students in the following ways.

- The NCCD helps schools better understand their legislative obligations and the Disability Standards for Education 2005.
- Schools focus on the individual adjustments that support students with disability. This encourages them to reflect on students' needs and to better support students.
- The NCCD facilitates a collaborative and coordinated approach to supporting students with disability. It also encourages improvements in school documentation.
- The NCCD improves communication about students' needs between schools, parents, guardians, carers and the community.

The Australian Curriculum, Assessment and Reporting Authority (ACARA) annually publishes high-level, non-identifying NCCD data.

### WHEN DOES THE NCCD TAKE PLACE?

The NCCD takes place in August each year.

#### IS THE NCCD COMPULSORY?

Yes. All schools must collect and submit information each year for the NCCD. This is detailed in the Australian Education Regulation 2013. For more information, ask your school principal or the relevant education authority.

### HOW IS STUDENTS' PRIVACY PROTECTED?

Protecting the privacy and confidentiality of all students is an essential part of the NCCD.

Data is collected within each school. Personal details, such as student names or student identifiers, are not provided to federal education authorities. Learn more about privacy in the Public information notice.

#### FURTHER INFORMATION

Contact your school if you have questions about the NCCD. You can also visit the NCCD Portal.

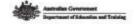
There is also a free e-learning resource about the *Disability Discrimination Act* 1992 and Disability Standards for Education 2005.

This document must be attributed as Fact sheet for parents, guardians and

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### **IMPORTANT NOTES**

### St Gerard's YLVOSHC

### **Program Information**

Service Phone Number: 0402 192 685



#### **OPERATING TIMES**

Before School Care
Hours:

6:45am - 8:45am

After School Care
Hours:

3:30pm - 6:30pm

Pupil Free Days: 7:00am - 6:00pm

Vacation Care: 7:00am - 6:00pm

### <u>Prices</u>

#### **Before School Care**

(Permanent) \$15.00 (Casual) \$20.00

After Max CCS: \$2.89



(Permanent) \$20.00

(Casual) \$25.00

After Max CCS: \$3.16

# Pupil Free Day and Vacation Care

(Permanent) \$65.00

(Casual): \$72.50

After Max CCS: \$6.50

\* MAX CCS REBATE FIGURES ARE PROVIDED AS APPROXIMATES AND MAY VARY

### YLV.COM.AU

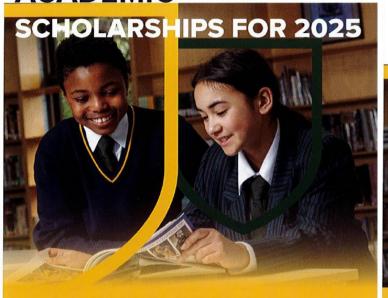
### **IMPORTANT DATES**





Online Enrolment Information Evening **ACADEMIC** 

> Launch of the 2025 **Academic Scholarships**





Register for a College Tour



5-11 Caroline St, Dandenong VIC 3175, (03)8793 2000, www.sjrc.vic.e



If you are seeking more information or intending on enrolling your child at St John's Regional College for 2024, 2025 or 2026 please come along to an assisted

**Wednesday 9 August** 7.00pm - 7.45pm



Register here

5-11 Caroline St, Dandenong VIC 3175, (03)8793 2000, www.sjrc.vic.edu.au

# **SUBWAY**

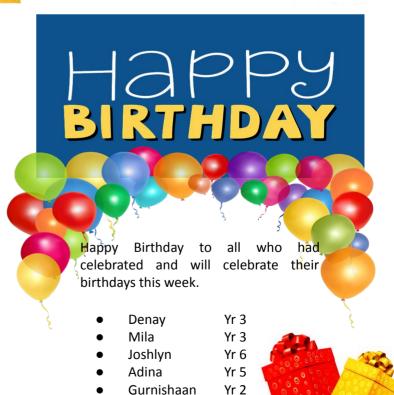
#### 10TH AUGUST, 2023

Families will have the opportunity to order a Subway lunch for their children.

Envelopes have been sent next week.

We cannot accept late orders. Last day for orders is 7th June.

Please have CORRECT money. Subway do not give change.



Jerome G

Shaun

Yr 4

Yr 3



#### **AGS PRINTS Pty Ltd**

Wholesalers of Quality Schoolwear & Uniforms In House Design & Printing

#### www.aplusschoolwear.com.au

BOR NO: 2010 / 2532

ADDRESS:133 BAKERS ROAD NORTH COBURG VIC, 3058

PHONE: 03 9354 8345 FAX: 03 9354 5777 E-MAIL: info@agsprints.com.au

Please note the following changes in relation to uniform purchases for St Gerard's Primary School:

Uniforms can now be purchased in the following ways:

#### **Option 1 - Online Order**

#### **Access to our Online Ordering System**

- 1. www.aplusschoolwear.com.au
- 2. Go to SHOP ONLINE NOW (red box)
- 3. Select your school
- 4. Uniform listing with images will appear.

Select items you are wishing to purchase:

Style

Size

Colour

Quantity

Add items to bag

- 5. Once all items are added to bag, proceed to checkout.
- 6. Select delivery options
  - a. Pick up from school (free) in comments section please enter your child's name and class
  - b. Pick up from A Plus Schoolwear (free)
  - c. Postal address (delivery charges will apply)
- 7. Either checkout as guest, returning customer or create a new account.

Orders placed by Sunday will be delivered to the school the following Thursday

#### Option 2 - Fill out the order form and leave it at the school office.

Orders received by Friday will be delivered to the school the following Thursday

#### **RETURNS**

Can be given to the school office and will be either exchanged or refunded by A Plus School wear.

Should you have any queries regarding the above, please contact A Plus Schoolwear

9354 8345 or email angie@agsprints.com.au

### **COMMUNITY NOTICEBOARD**

- Diamond Dancers Recreation and Competitive Dancing
- Springvale Indoor Sports School Holiday Program
- Springvale Snow Fest
- Greater Dandenong School Students Photo Competition
- Ukraine Support Fund

#### **Garden Stall**

On Thursday 27<sup>th</sup> July we will held our first Garden **Market Stall** for Term Three. We sold fresh rosemary, parsley, eggs, pumpkin, beetroot, mandarins, lemons, limes and oranges. Thank you to our students for their hard work in the garden and our families for supporting us.



#### **Chicken Eggs For Sale**

- St Gerard's would like to offer families the opportunity to purchase delicious organic eggs laid by our resident flock of chickens.
- You can purchase these eggs from the school office at a cost of \$6 per dozen.
- All proceeds from the sale of the eggs will go towards purchasing food for our feathered friends.
- Please message <u>Nicole Fernandez</u> via Seesaw if you would like to purchase some eggs.

