

St Gerard's Primary School

NEWSLETTER



Term 3, Week 8

www.sgdandenongnth.catholic.edu.au

03 97917553

6 September 2019



Tuesday, 10 September

Running Club - 8:15 am

Wednesday, 11 September

- 100 Days of Prep
- Homework Club

Friday, 13 September

- First Communion Assembly
2:30 pm
- Sporting Schools Inflatable Day
- Ride to School

END OF TERM 3

**WEDNESDAY
18 SEPTEMBER
FINISH TIME
3:30 PM**



There will be a Subway Lunch on the last day of term. Order forms will be sent home Wednesday, 11 September and **MUST** be returned by Friday, 13 September.



After First Communion by Carl Frithjof Smith (1892)

Dear Families and Friends of St. Gerard's Parish,

This Sunday, 8th September we celebrate First Communion at 2:00pm. Please remember all of our first communicants in prayers this weekend as they receive the Body of Christ for the very first time.

We pray that they will grow in goodness and faith as they come to know Jesus more. We pray that our Parish of St. Gerard's will come closer together as we share in the life of Jesus in the Eucharist. May God bless them on this very special day.

FIRST COMMUNION CANDIDATES - 2019

**Abigail Appelman
Pieta Jada
Arielle Punsalan**

**Isabella D'Costa
Beyonca Nisanthan**

Thank you to all who have helped the children prepare to receive this special Sacrament, especially our parents and teachers: Mrs Sonno, Mrs Benson and Mrs Lewis.

Thank you also to Fr Arthur and Fr Denton. We are blessed to have such dedicated priests in our Parish who regularly go into the classroom for Religious Instruction, especially while children are preparing to celebrate the Sacraments.

Principal - Mr Paul Cowan
Parish Priest - Father Brendan Arthur
principal@sgdandenongnth.catholic.edu.au
71 Gladstone Road, Dandenong North 3175

PRINCIPAL'S MESSAGE

Dear Families,

This Sunday we have a number of our Year Four students making their **First Communion**. This is a significant step in their faith journey and a celebration for their families and indeed our school community. Please keep these children and their families in your prayers. I would like to thank Ms Sonno, Mrs Lewis, Mrs Benson and Mrs Stack for their efforts in helping to prepare our candidates. If you would like to come and support them, mass is at **2.00pm**.

On behalf of the school community I would like to congratulate **Paul Zaher** who was **ordained a Deacon** last Saturday at St Mary's Cathedral, Sale. Paul was a student and parishioner here at St Gerard's with some current staff having taught or known him throughout his primary school years. I am sure you will join with me in praying for Paul and the other newly ordained Deacons. One of the great rewards of being a teacher is to see your former students excel and follow their calling in life.



We had 26 of our children compete at the **Dandenong District Athletics Carnival** on Thursday. It was wonderful to see our children not only competing but supporting each other. These children represented our school brilliantly in their events and with the sportsmanship they displayed. We have 3 students who progress to the next level of competition. We wish them all the best.

All families would have received information regarding **CEMSIS**, a survey which is conducted annually to identify areas of strength in our school and challenges that we face. I am asking for all our families to complete the survey which is done online. As I am new, it would be of great assistance to me in setting future directions for our school. If you have any questions or issues in accessing the survey please contact the school office. As part of the information sent out there was a return slip. Once families complete the survey they can fill it in and return it to the office to go into the draw to win a **\$50 Village Movie Voucher**. At the moment we have had 7 families complete the survey. I thank all our families in anticipation.

While I have been on after school duty at the front of our school I have seen a number of **cars move through the carpark at a fast pace**. Our pick-up procedures are designed to keep **all our students and families safe** at a busy time of the day. Please be mindful of your speed when entering and exiting the school/ parish carpark. I thank you in advance for your co-operation in keeping all members of our community safe.

A reminder that our Sunsmart Policy states that from 1st September until 30th April students **must wear a hat when outside**. It has been great to see the majority of our students wearing their hats.

Finally, **NAPLAN results** were released this week. Our Year Three and Five families received their children's reports today (Friday). I will provide **information in next week's newsletter on how our school performed**.

God Bless.

Paul Cowan

RELIGIOUS EDUCATION NEWS

Sacramental Dates for term 3

First Communion Assembly:

Friday 13 September at 2:30

Altar boy training

Altar boy training is in the Church from 5pm to 6:30 pm every Thursday evening. Please contact Mrs Stack if you are interested in joining our dedicated team of Altar Servers.

St Gerard's Talent Quest Auditions:

Early next term, as part of our celebrations for our Feast Day we will be holding our annual Talent Quest. Children will need to audition for this event in the last week of term.

WELLBEING NEWS

Give Me 5 News !



A big congratulations to the following students who received their first golden band this week.

Prep C

Chelsea

1/2 FP

Tiffany

Well-done to 3/4S for achieving 50 wristbands!! They will be negotiating a class reward with their teacher.

A big congratulations to the following students who have displayed the Give Me 5 Principles in the classroom and playground. These students received the Principal's Award for their behaviour.

Prep C

Well done to Benita, Francis, Anajanna, Edwin and Anointed. Keep up the spectacular work!



Prep 1/2FP

Well done to Priscilla, Sachleen, Jacob and Adina. Keep up the spectacular work!



1/2B

Well done to Marcus, Mary, Ainsley and Ryan. Keep up the spectacular work!



Kitchen Garden - Prep C



This week Prep C enjoyed their Garden to Kitchen lesson. The students practised the skills of weeding, pruning and harvesting seeds in the garden. They then enjoyed preparing and eating fried rice! Ask them to make it for you at home.

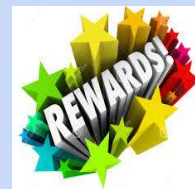
A big thank you to all the lovely parents who generously gave up their Friday afternoons this term to assist the students and teachers in the program! We really appreciate your time and dedication!



WELLBEING NEWS CONT'D



Whole School Classroom Reward System



We now have a whole school class reward system. Students who display the expectations present on the school Matrix will be rewarded with a raffle ticket from their classroom teacher. Every month the raffle tickets from each class will be collected and drawn during Monday assembly. The next raffle will be drawn on Monday, 16 September.



What is self-management

Self-management is learning about your own feelings and emotions, understanding how and why they happen, recognising them (and those of others), and developing effective ways of managing them.

Emotions include several components:

- physical responses (for example, heart rate, breathing and hormone levels)
- feelings
- thoughts and judgements associated with feelings
- action signals (for example, a desire to approach, escape or fight).

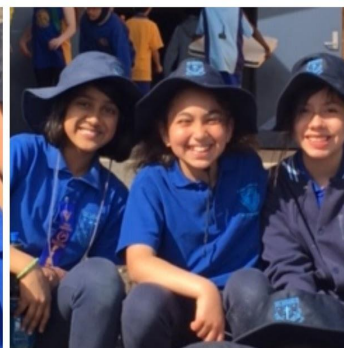
Learning to self-management

This is a critical way that a child or young person learns to cope with the world. When children and young people learn to self-manage their emotions, they feel more confident, capable and in control. They have stronger relationships, are more able to pay attention, learn new things and can cope better with the normal stresses and disappointments of daily life. Developing skills for self-managing a range of emotions is so important for children and young people's emotional wellbeing.

SPORT NEWS



DANDENONG DISTRICT PRIMARY SCHOOL ATHLETICS



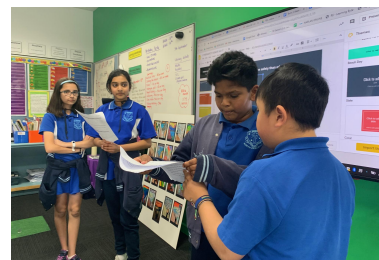
eSMART WEEK

National **eSmart Week** is a **week** where communities come together to encourage everyone to be smart, safe and responsible when using digital technology.

Over the next few weeks St Gerard's will be participating in many cyber safety activities through the school. This is what we did this week:

This week some Year 5/6 students participated in eSmart debates. There are many opinions around the positives and negatives of digital technology. The students divided into pairs and debated:

- **Children are better at online safety than adults.**
- **Social media is making us smarter.**
- **Technology brings us together more than it divides us.**
- **Social / Interactive websites are not safe for children under 14.**



Selena, Aparanji, Abilas and Nam debated that children are better at online safety than adults



WE ARE eSMART SUPERHEROES



The Grade prep / six buddies made an **eSmart superhero** and discussed what they need to do, to be safe online.

Praneet / Akash - Don't give your password to anyone.

Selena / Dhanya - Don't put your iPad too close to your face

Kyan/ Elijah - We don't play fighting games

Blake / Christian - Don't show your password to anyone else.

Jason / Aaron - Tell our parents what we are playing on the internet

Jessica and Ariana - Don't tell anyone our personal details.

Alisha / Ethan - Ask Mum before downloading any games on the iPad.

Keji, Julian and Chelsea - Don't talk to people we don't know.

Don't play bad gun games. Cover your camera so people can't see us when we play games.

Nivia / Anointed and Benita - We don't talk to strangers and we play games for our age.

Doki and Anjanna - Don't give our passwords to anyone.

Amolak and Hemish - Don't give your passwords to anyone.

Hans, Alina and Lemillo - Show our family what we are playing

Nash and Jerome - Don't play scary, zombie games.

Sean, Edwin and Jacob - Don't watch scary things or play games not suitable for us.



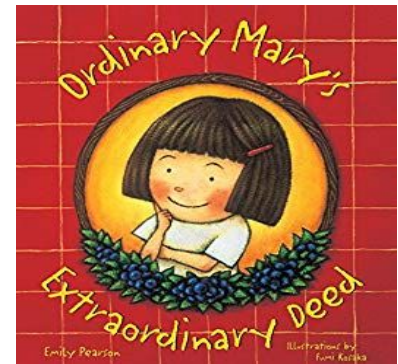
OTHER SCHOOL NEWS



Year 5/6 0 read and analysed the story **Ordinary Mary's Extraordinary Deed**. One of the class activities was to write a poem.

Ordinary Mary-Poem - By Doki Jada Year 6 (5/6O)

Ordinary Mary,
Was not a princess or a fairy,
When she found some blueberries,
She turned to be very extraordinary,
She put it in a brown bowl,
She must of had a very sweet soul,
Ordinary Mary that's me,
famous for my good deed.
By Doki Jada
Grade 6



OSHC NEWS

Term 3 finishes on Wednesday, 18 September. If you require OSHC for your child on Thursday, 19 and Friday, 20 September please ensure you phone Marina on 0402192685 as soon as possible as the program will only operate if there are adequate numbers.

The school holiday program will be run at St Elizabeth's Primary School. Below is the holiday program and a reminder that your child will need to be registered with YLC if they are to attend. Enrolment can be done online at <https://ylv.com.au/vacation-care/>.

St. Elizabeth Primary School - Vacation Care Schedule 23rd Sept – 4th Oct 2019

Program location: 111 Bakers Road, Dandenong North - 3175

For more info contact your educator on: [Elarine : 0422803709] or visit YLV.COM.AU

Please provide your child with a packed lunch, snacks for morning/afternoon tea, and a refillable water bottle.

Please respect our Nut Free policy and ensure your child doesn't bring money or electronic devices to Vacation Care.

Mon 23 rd September	Tue 24 th September	Wed 25 th September	Thu 26 th September	Fri 27 th September
WHEELS DAY  NO HELMET NO PLAY Bring your bike or scooter along for a day of fun. Have the best time weaving through the obstacle course! Make your own transport creations with recycle materials.	BAKE OFF!!! Come along today ready for a day full of baking! This day will test your baking skills and how well you can work as a team to create some delicious treats. The winning team will be decided by our foodie staff members. 	SPRING PLANTING/ROCK BUGS DAY  Plant your own spring flowers and vegetables in our OSH garden. Decorate the garden with colourful art tiles, ohimes, rock bugs and windmills. Have fun catching bugs and pinning the biggest bug game in the room.	INCURSION FITNESS 4 FUN Join in the great fun of fitness by being engaged in exercise and physical work-outs including squats, burpees, push-ups, crunches, lunges and much more. FOOTY FEVER Dress up in your favourite team colours and join in for a game of football, making flags/banners, Pom Poms. Cost: \$10 LUNCH PROVIDED (HOT DOGS & CHIPS)	PUBLIC HOLIDAY AFL GRAND FINAL 
Mon 30 th October	Tue 1 st October	Wed 2 nd October	Thu 3 rd October	Fri 4 th October
Wellbeing  it is going to be a fantastic day! <ul style="list-style-type: none"> Activities include: Still Life Drawing Relaxation Music Quiz Making Lavender Bags Silent Word Game Blind Scented Oil Calming Bead Sensory 	INCURSION Ninja Warrior & Water Safety Session  Today's activities will have everyone testing different types of limits such as endurance agility, speed and strength. Cost: \$8	RECYCLE ART DAY <ul style="list-style-type: none"> Rainbow wind spinner Robot craft Egg carton flowers Milk carton car Build a city with boxes  Bring in plastic bottles, boxes, egg cartons anything that you can make new again. Work with your friends and make your own space ship!	EXCURSION DAY ROYAL MELBOURNE ZOO  Journey through a World of Wildlife and follow the Trails to find your favourite Animals!!! Cost: \$ 25.00 BYO: \$snack/lunch/drink. Please be at the Program by 8.30am.	FAREWELL TO THE HOLIDAYS Bring your favourite CD's of rap, disco, hip hop and rock 'n' roll. Join in the Musical Mayhem!! DANCE  Dance contest categories include: Weirdest, Wildest, Fastest, Funniest and most entertaining moves. Bring Party Food to share

Save Time - Book online! Visit: YLV.COM.AU



St Gerard's

Dinner Dance

- WHEN:** Saturday, 12 October
- TIME:** 7:00 pm
- WHERE:** St Gerard's Church Hall
71 Gladstone Road
Dandenong North
- TICKETS:** \$40 for adults
\$20 for children 4 - 12 years
Includes buffet dinner, tea & coffee.
BYO drinks
- DRESS CODE:** Smart Casual

Live Music By
Midnight Mist

Catering By
Silver Platter



Contact: Jeff Zaher 0477 188 883
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Angele Pacifique 0411 578 404