



St Gerard's Primary School

NEWSLETTER



Term 2 Week 1

www.sgdandenongnth.catholic.edu.au

03 97917553

29 April 2022



Happy birthday to those students and staff who have and who will celebrate their birthday this week:!

- Fr. Shanthaiah
- Matej Yr 2
- Diyaana Prep
- Sofiya Yr 3
- Prophet Yr 1

School Prayer

God, our Father, as
members of the Parish
Community of
St Gerard's we praise you
for your love.
May we grow stronger in
faith and hope, and may
our love for each other,
become deeper in our
daily lives.
Grant this through your
Son, and our brother,
Jesus Christ,

Amen



@st.gerards3175



<https://www.facebook.com/stgerardsp>



Student Leaders attended the ANZAC Pillars of Freedom in Dandenong on ANZAC Day

We gathered together as a school community last Tuesday to acknowledge Anzac Day. It was fitting that we assembled in front of our Gallipoli Oak that was planted here at St Gerard's in 2018. We prayed for all those who gave their lives in the First World War and all conflicts since then so that we can enjoy peace and freedom.

Let us remember that peace in the world begins with each one of us choosing to live out Jesus' message of love and harmony.

May we especially remember the people of Ukraine who are suffering the horrors and destruction of war at this present time.



MESSAGE FROM THE PRINCIPAL

Dear families,

Welcome back to what promises to be a wonderful Term 2.

I hope that the Easter celebrations and holidays provided opportunities for you to gather with family and friends and have time to rest and relax. While Easter occurred during the middle of the holidays the **message of the risen Christ** is one that should sustain us and provide hope all year round.

Some of our **Student Leaders** joined myself last Monday for the **Dandenong RSL ANZAC Day** ceremony where they laid a wreath on behalf of our school community. This was a very moving service and I would like to thank our student leaders for the way they conducted themselves and represented us all.

Today (Friday) our **Year 5/6 students** participated in their first sports **Gala Day** for the year. We had a Netball team and 4 Basketball teams take part at 2 different venues. I would like to congratulate our children for the way they participated and the sportsmanship they displayed. It is wonderful to have our school presented in such a positive manner.

Information has been sent out regarding our **whole school Zoo Excursion** which is **next Friday 6 May**. This promises to be a wonderful day with the whole school attending.

Now that we are all getting back into familiar routines, a reminder **that our school gates are opened at 8.30am each morning**. If children arrive or are dropped at school before this time there is **a genuine safety concern as they are unsupervised and outside the school grounds**. Also when it is raining there is no shelter. Therefore I am asking families to drop their children off after 8.30am or wait with them until the gates are opened. Thank you in advance for your cooperation.

Finally, **2023 Prep Enrolments are now open**. If you have a child who will be starting school next year please contact the School Office. **Existing families are our first category for enrolments**, however we are **getting enquiries from new families** so it is important that we enroll our existing families as soon as possible. Also, if you do know of families who are looking for a school for 2023 they can contact the Office or email: principal@sgdandenongnth.catholic.edu.au to arrange a meeting and school tour with myself.

Continue to stay safe and God bless.

Paul Cowan

RELIGIOUS EDUCATION NEWS

Sacrament Dates, 2022

First Communion: (Grade 4)

First Communion Family Workshop:	Thursday 14th July, 7pm
First Communion Reflection Day:	Tuesday 23rd August (children may wear casual clothes)
First Communion:	Saturday 27th August, 5:30pm & Sunday 28th August, 10:30am
First Communion Assembly:	Friday 2nd September, 2:50pm

Confirmation: (Grade 6)

Confirmation Family Workshop:	Thursday 5th May, 7pm
Confirmation Reflection Day:	Tuesday 17th May (children may wear casual clothes)
Most Rev. Anthony J. Ireland Visit:	Thursday 19th May, 9:15am
Confirmation:	Saturday 21st May, 5:30pm (conferred by Bishop Ireland)
Confirmation Assembly:	Friday 27th May, 2:50pm

Other Important Dates:

Easter Assembly:	Thursday 28th April, 2:50pm
Our Lady Help of Christians Paraliturg:	Tuesday 24th May, 2:50pm
Sacred Heart of Jesus Feast Day	
National Sorry Day:	Thursday 26th May
Confirmation & National Sorry Day Assembly:	Friday 27th May, 2:50pm
Refugee Week:	19th to 25th June
& Refugee Week Paraliturg:	Friday 24 th June, 2:50pm

Project Compassion Thank You

Thank you for your generous donations to Project Compassion allowing Caritas Australia, the Catholic Agency for International Aid and Development, to work with local communities around the world to alleviate poverty, hunger, oppression and injustice.

The students raised \$298.50. The winning class that raised the most money for Project Compassion was 5/6O who will be able to wear casual dress on a date TBA. Coming in 2nd place was 1/2L and in 3rd place was 4/5T.

Emergency Appeal for Ukraine & St Vincent De Paul Winter Appeal

In Term Two, we will have dual collections in the lead up to the Feast of the Sacred Heart of Jesus. Not only will we aim to have our food cart to be filled to the brim for the St Vincent De Paul Winter Appeal but we will raise money for *Aid to the Church in Need Australia (ACN Australia)*. ACN Australia has launched an emergency appeal to support the Catholic Church in Ukraine. The Social Justice and Liturgy Leaders will promote the collection of food and money which will finish on the Feast of the Sacred Heart of Jesus. The classes that bring in the most items for St Vincent De Paul will win a casual dress day. The class that raises the most money for ACN Australia will also win a casual dress day. Please support these worthwhile appeals.



PRAYER FOR UKRAINE

O Lord our God, look down with mercy on the Ukrainian people. Protect and save them from the unjust aggressors who seek to subdue them. Grant them steadfast trust in your mercy and protection.

O Mother of God, who gave us your miraculous icon at Zarvanytsia, intercede for the Ukrainian people, who run to the shelter of your mercy in their times of need.

O Lord Jesus Christ, have mercy on us. Grant peace and protection to the people of Ukraine. Give them strength and courage to defend what is good, right, and holy. Keep them safe from harm and provide for all their needs, both temporal and spiritual.

Hear our prayers, O Lord, and deliver us from distress, for You are merciful and compassionate and love mankind. To You we give glory: the Father, the Son, and the Holy Spirit, now and forever and ever. Amen.

By Carrie Chuff. Written permission from catholicicing.com

Aid to the Church in Need is inviting prayer and financial help to strengthen the Church in Ukraine. Visit www.aidtochurch.org/ukraine.

Aid to the Church in Need is the only international Catholic Charity dedicated to the spiritual and pastoral support of suffering and persecuted Christians.





Facts from the Be You website.

Healthy eating helps children and young people cope more effectively with stress, better manage their emotions and get a good sleep – all of which assist learning.

Most research about nutrition and mental health has focused on adults. We know that good nutrition is associated with better mental health outcomes, whereas a poor diet is associated with a greater risk of depression and anxiety. However, emerging research that focuses on children and young people has also found a relationship between unhealthy diets and poorer mental health outcomes.

Poor nutrition has been associated with:

- externalising behaviour (such as hyperactivity, aggression, disobedience)
- symptoms of attention deficit hyperactivity disorder
- poor concentration and tiredness, which interfere with learning
- immune system function, which is also linked to mental health
- delayed brain development – high-fat, high-sugar diets can affect proteins in the body that are important for brain development
- iron deficiency, which has been linked to cognitive function impairments associated with learning and memory

nutrient deficiencies, which have been associated with mental health conditions including depression and anxiety (we know that fruits and vegetables, grains, fish, lean red meats and olive oils are rich in important nutrients such as folate, magnesium, vitamins and zinc which all impact on body and brain functions, including mood regulation).

Student Representative Council



SRC

The Student Representative Council (SRC) is made up of a group of students who want to help other students by presenting ideas which are of benefit to all students. The SRC also informs its peers of any important information which affects the student body.

On Thursday 5th May the SRC reps of St Gerard's will attend their first meeting for Term Two.

SPORTS

THE YEAR 5 / 6 GALA DAY



GARDENING

YEAR 1 / 2 FL GARDEING

There tasks were to pull out weeds from a garden bed, feed the weeds to the chickens and put old vegetable plants into the compost bin. They enjoyed finding many worms, snails and ladybugs in the garden.



UNIFORM SHOP ONLINE ORDERS



AGS PRINTS Pty Ltd
Wholesalers of Quality Schoolwear & Uniforms
In House Design & Printing
www.aplusschoolwear.com.au
BOR NO: 2010 / 2532

ADDRESS: 133 BAKERS ROAD
NORTH COBURG
VIC, 3058
PHONE: 03 9354 8345
FAX: 03 9354 5777
E-MAIL: info@agsprints.com.au

Please note the following changes in relation to uniform purchases for St Gerard's Primary School:

Uniforms can now be purchased in the following ways:

Option 1 - Online Order

Access to our Online Ordering System

1. www.aplusschoolwear.com.au
2. Go to **SHOP ONLINE NOW** (red box)
3. Select your school
4. Uniform listing with images will appear.

Select items you are wishing to purchase:

Style
Size
Colour
Quantity
Add items to bag

5. Once all items are added to bag, proceed to checkout.
6. Select delivery options
 - a. Pick up from school (free) in comments section please enter your child's name and class
 - b. Pick up from A Plus Schoolwear (free)
 - c. Postal address (delivery charges will apply)
7. Either checkout as guest, returning customer or create a new account.

Orders placed by Sunday will be delivered to the school the following Thursday

Option 2 - Fill out the order form and leave it at the school office.

Orders received by Friday will be delivered to the school the following Thursday

RETURNS

Can be given to the school office and will be either exchanged or refunded by A Plus Schoolwear.

Should you have any queries regarding the above, please contact A Plus Schoolwear

9354 8345 or email angie@agsprints.com.au

Community Notice Board

Finally, we have requests from a number of community groups to promote their activities and services. Flyers are placed on our *Community Notice Boards* located in the courtyard and a current list is contained in this newsletter.

- ❖ Ukraine Support Fund
- ❖ North Dandenong Masala Auskick Centre
- ❖ Lyndale United Football Club (Soccer)
- ❖ Dandenong Basketball
- ❖ Soccer 5's
- ❖ Noble Park Big Day Out
- ❖ Lysterfield Basketball Club
- ❖ Swimland Swim Club
- ❖ Springvale Indoor Sports

BUS DRIVERS WANTED

Emerson School is looking for part time bus drivers.

Emerson is a P-12 Specialist School situated at 1430 Heatherton Road, Dandenong.

Please ring if you are interested.

Contact: Jenny La'Brooy
Emerson School
Ph: 9791 8900



St John's
REGIONAL COLLEGE

A New
Future With
STEM

School Tours

EVERY Thursday at 9.15am

We invite you to tour our College to discover the opportunities for students from Year 7 to 12 including the **New STEM building (Opening 2022)**

Register today for your guided tour and meet the Principal
www.sjrc.vic.edu
or scan the QR Code



ST GERARD'S OHSC

If your child/children would like to enrol and you have any questions please feel free to contact Marina on:

0402192685

Marina Walallowita

Nominated Supervisor/Educational Leader OSHC