



St Gerard's Primary School

NEWSLETTER



TERM 2 WEEK 6

www.sgdandenongnth.catholic.edu.au

03 97917553

03 JUNE 2022



School Photo Day
Tuesday, 7th June.

If you need a sibling photo, please approach the office for a **separate envelope**.

FULL WINTER UNIFORM
TO BE WORN



@st.gerards3175



<https://www.facebook.com/stgerardsps>



Dressing up for Italian Day

Our students have learnt to pray the Hail Mary in Italian.

*Ave, o Maria, piena di grazia, il Signore è con te.
Tu sei benedetta fra le donne
e benedetto è il frutto del tuo seno, Gesù.
Santa Maria, Madre di Dio, prega per noi peccatori,
adesso e nell'ora della nostra morte.
Amen.*

St Francis of Assisi...

St Catherine of Siena...

St Anthony of Padua...

St Gerard Majella...

pray for us

pray for us

pray for us

pray for us

ITALIAN



MESSAGE FROM THE PRINCIPAL

Dear families,

We were reminded this week that Winter has arrived!

Despite some cooler and wetter weather we have had another week with plenty of learning opportunities.

On Monday we had the first of a series of 3 **Gymnastics sessions** for our Year 3 - 6 children. ASPI Stars Gymnastics Club are running these sessions and it was wonderful to see our students developing skills and growing in confidence as they worked through the activities.

Today (Friday) we had **Italian Day** which was a wonderful opportunity to celebrate the learning and culture of Italy. I would like to thank the children for the way they embraced the day and in particular Signora Harris for her coordination of this event. Grazie Signora Harris it was a molto bene day!

Our **Division Cross Country** was also held today with 3 of our students qualifying for this event. Congratulations to Ashton, Catherine and Alessia for making it to this stage and for the way you represented St Gerard's. We are very proud of you!

As mentioned last week, our **Whole School Zoo Excursion** will now occur on **Wednesday 22 June** (the last Wednesday of Term 2). All the planning by our staff and students will be re-visited and a new permission note will be sent out next week. This promises to be a wonderful day which we are all looking forward to and a great way to end Semester One.

We had the first of our **3 Open Days** last **Tuesday** with 2 more planned for this term on **Wednesday 15 June and Thursday 23 June**. These days are to allow for families to see all the things we offer here at St Gerard's. If you know of families who are looking for a school for 2023 they are more than welcome to come on these days at a time that suits them or they can contact the Office or email: principal@sgdandenongnth.catholic.edu.au to arrange a meeting and school tour with myself.

A reminder that **School Photos are next Tuesday 7 June**. Please make sure that you have either returned your envelope or ordered online. Children need to wear their **full Winter uniform** and bring their smiles! Even though our Prep - Year 2 children have Sport on this day we are asking that they wear their full Winter uniform and bring their runners in their bag.

Finally, next Wednesday our **Year 5 and 6** children are off to Alexandra Adventure Resort for our first school **Camp** since 2019. I am sure there will be plenty of stories and memories to be shared when they return on Friday. Also, our **Year 3** children will be visiting the **State Library** next Wednesday.

Continue to stay safe and God bless.

Paul Cowan



NEWSLETTER



We were blessed to have a double rainbow on the first day of Winter.

It is considered a good omen and holds a message from God and said to denote transformation!

It is considered to be promising as they signify new beginnings and good changes!



June

5th June	Pentecost Sunday
6th June	Sporting Schools, Gymnastics Yrs 3-6 wear sports uniform
7th June	School Photos
8th - 10th	Camp to Alexandra Adventure Resort, Yrs 5-6
13th June	Queen's Birthday Holiday
14th June	School Closure Day
17th June	Ride to School Day
20th June	Beyblade Week
20th June	Sporting Schools, Gymnastics Yrs 3-6 wear sports uniform
22nd June	Whole School Zoo Excursion (new date)
23rd June	Subway Lunch for students who pre-order
24th June	Sacred Heart of Jesus & Refugee Week Paraliturgy, 1pm
24th June	End of term breakup, 3.30pm

RELIGIOUS EDUCATION

Sacrament Dates, 2022

First Communion: (Grade 4)

First Communion Family Workshop:

Thursday 14th July, 7pm

First Communion Reflection Day:

Tuesday 23rd August (children may wear casual clothes)

First Communion:

Saturday 27th August, 5:30 pm &

Sunday 28th August, 10:30 am

First Communion Assembly:

Friday 2nd September, 2:50 pm

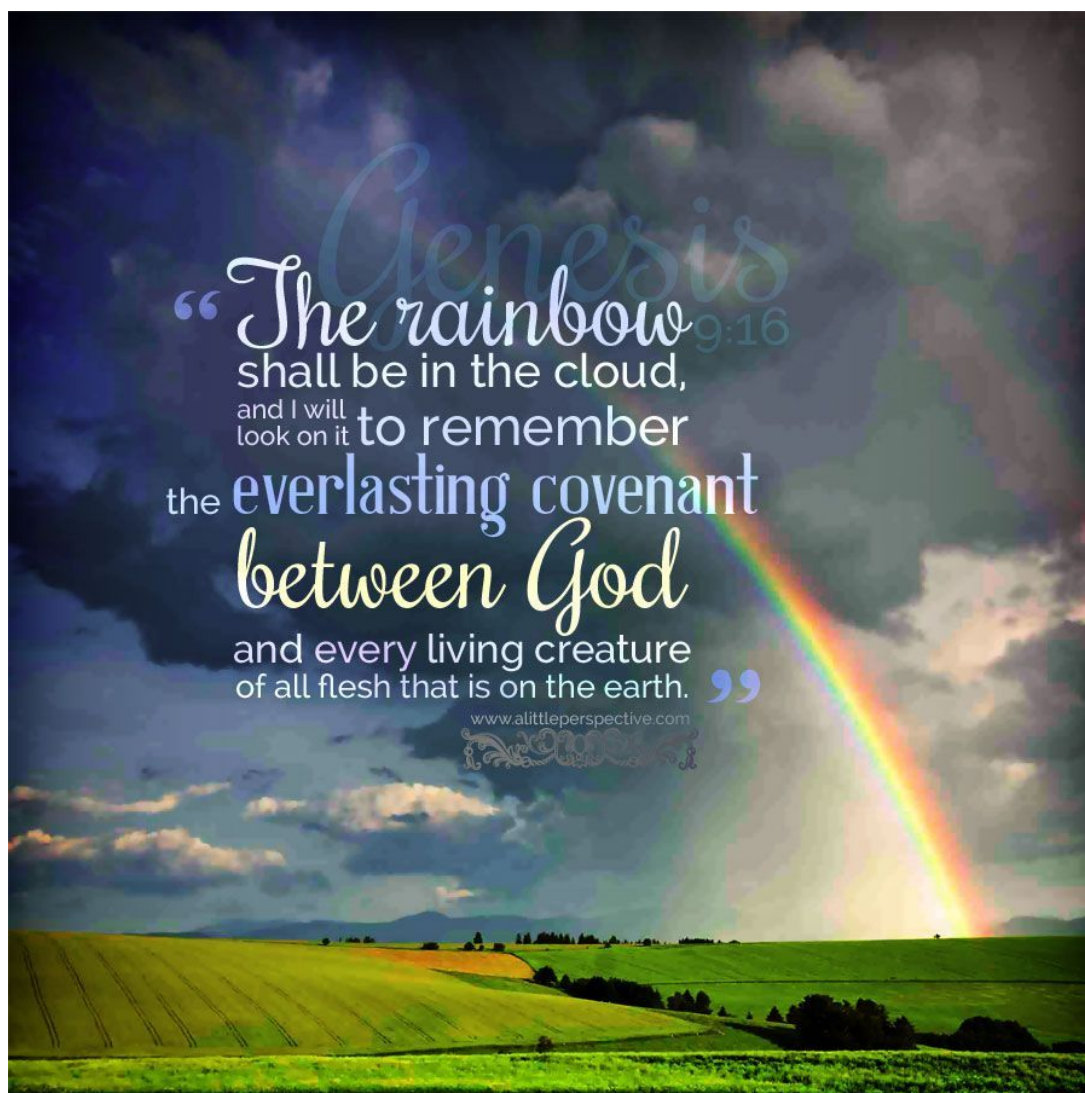
Other Important Dates:

Refugee Week:

19th to 25th June

Sacred Heart of Jesus Feast Day & Refugee Week Paraliturg:

Friday 24th June, 2:50 pm





ITALIAN DAY



Tutta la scuola si è divertita nella giornata italiana!

The whole school enjoyed having fun on Italian Day





Facts from the Be You website

Healthy eating helps children and young people cope more effectively with stress, better manage their emotions and get a good sleep – all of which assist learning.

Most research about nutrition and mental health has focused on adults. We know that good nutrition is associated with better mental health outcomes, whereas a poor diet is associated with a greater risk of depression and anxiety. However, emerging research that focuses on children and young people has also found a relationship between unhealthy diets and poorer mental health outcomes.

Poor nutrition has been associated with:

- externalising behaviour (such as hyperactivity, aggression, disobedience).
- symptoms of attention deficit hyperactivity disorder.
- poor concentration and tiredness, which interfere with learning.
- immune system function, which is also linked to mental health.
- delayed brain development – high-fat, high-sugar diets can affect proteins in the body that are important for brain development.
- iron deficiency, which has been linked to cognitive function impairments associated with learning and memory.
- nutrient deficiencies, which have been associated with mental health conditions including depression and anxiety (we know that fruits and vegetables, grains, fish, lean red meats and olive oils are rich in important nutrients such as folate, magnesium, vitamins and zinc which all impact on body and brain functions, including mood regulation).

Give Me 5 News

This week the Give Me Five focus was 'Be Your Best in the Playground'. The teachers were looking for students who were keeping their hands, feet and object to themselves and who tried to work out small problems in the playground.

Next week our whole school will be focusing on 'Being Spirit Filled in the Playground'. The students will be participating in a lesson where they will discuss examples and non-examples of how to be Spirit-Filled when playing in the playground.



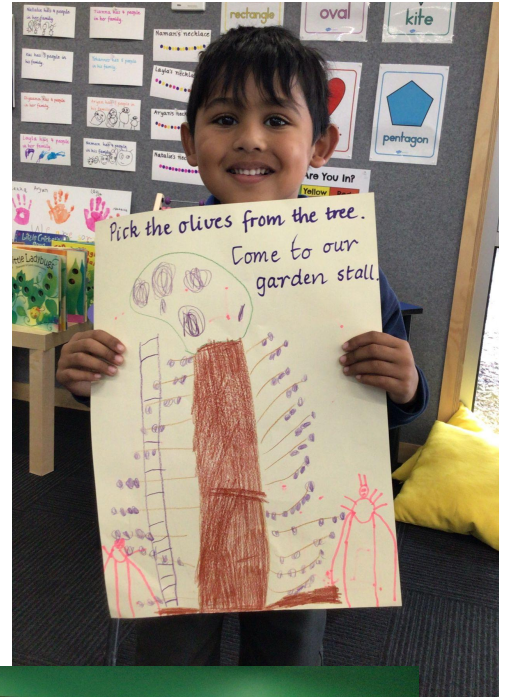
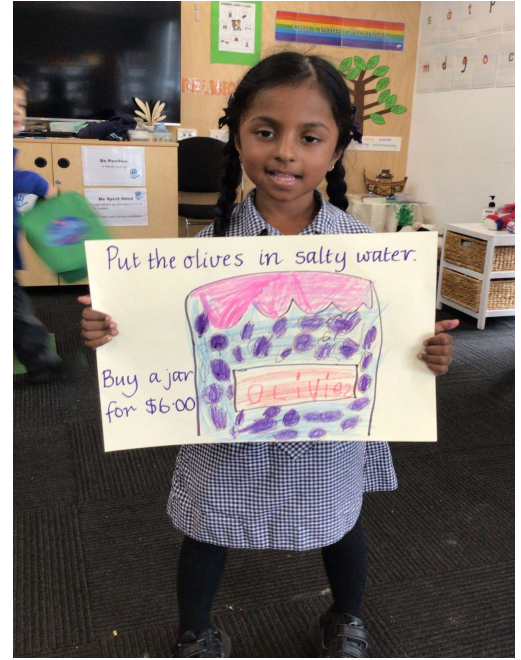
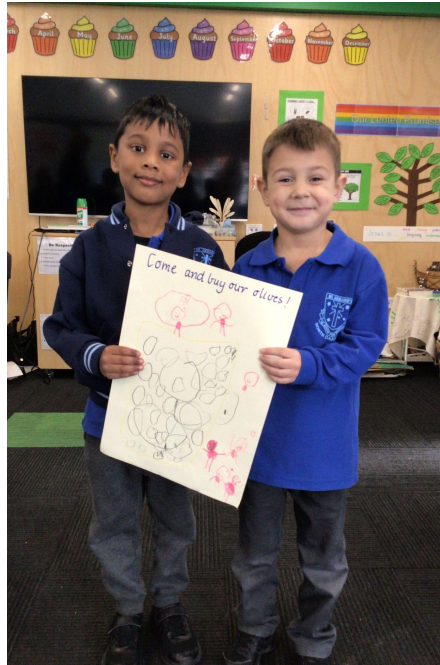
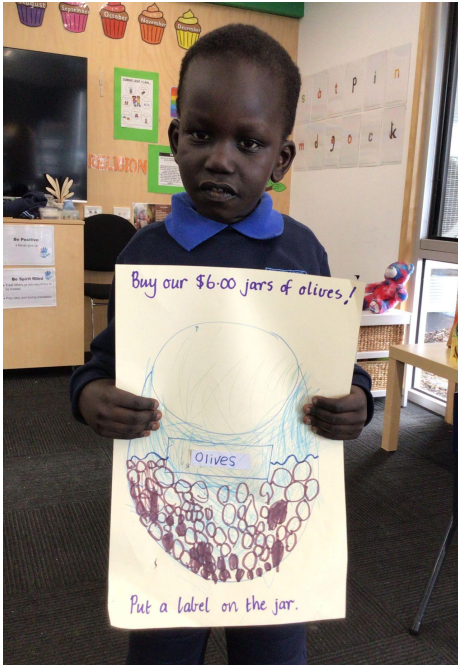
St. Gerard's Give Me 5 Whole School Matrix



Principle	Learning Areas	Corridors	Toilets	Playground/Sandpit
Be Respectful	Speak appropriately and use manners Care for property Take turns Whole body listening Greet people by name	Speak appropriately and use manners Care for property <ul style="list-style-type: none"> Keep the area neat and tidy 	Speak appropriately and use manners <ul style="list-style-type: none"> Give other users their privacy Care for property <ul style="list-style-type: none"> Keep toilets tidy and flush Wash hands	Speak appropriately and use manners Care for property <ul style="list-style-type: none"> Place rubbish in the bin Keep sand in the sandpit and bark in the garden Include others Respect everyone's views and space
Be Co-operative	Follow Directions Move safely Stay on task Share with others and help each other	Follow Directions Move safely <ul style="list-style-type: none"> Walk on the left hand side of the corridor to exit and the right hand side to enter 	Follow Directions Move safely Wait for your partner	Follow Directions Move safely Play fairly <ul style="list-style-type: none"> Accept rules Take turns Share and use equipment safely Accept rules
Be Your Best	Keep hands, feet and objects to yourself Ask for help	Keep hands, feet and objects to yourself Only enter the area with permission	Keep hands, feet and objects to yourself Report problems to a teacher	Keep hands, feet and objects to yourself Try to solve your problems
Be Positive	Never give up			Encourage others
Be Spirit filled	Treat others as you would like to be treated. Pray daily and during meditation	Treat others as you would like to be treated.	Treat others as you would like to be treated.	Treat others as you would like to be treated. <ul style="list-style-type: none"> Say sorry and forgive others Be kind

PREP CLASS

Preps will be running the Garden Stall next Thursday, 9th June.



UNIFORM SHOP ONLINE ORDERS



AGS PRINTS Pty Ltd
Wholesalers of Quality Schoolwear & Uniforms
In House Design & Printing
www.aplusschoolwear.com.au
BOR NO: 2010 / 2532

ADDRESS: 133 BAKERS ROAD
NORTH COBURG
VIC, 3058
PHONE: 03 9354 8345
FAX: 03 9354 5777
E-MAIL: info@agsprints.com.au

Please note the following changes in relation to uniform purchases for St Gerard's Primary School:

Uniforms can now be purchased in the following ways:

Option 1 - Online Order

Access to our Online Ordering System

1. www.aplusschoolwear.com.au
2. Go to **SHOP ONLINE NOW** (red box)
3. Select your school
4. Uniform listing with images will appear.

Select items you are wishing to purchase:

Style
Size
Colour
Quantity
Add items to bag

5. Once all items are added to bag, proceed to checkout.
6. Select delivery options
 - a. Pick up from school (free) in comments section please enter your child's name and class
 - b. Pick up from A Plus Schoolwear (free)
 - c. Postal address (delivery charges will apply)
7. Either checkout as guest, returning customer or create a new account.

Orders placed by Sunday will be delivered to the school the following Thursday

Option 2 - Fill out the order form and leave it at the school office.

Orders received by Friday will be delivered to the school the following Thursday

RETURNS

Can be given to the school office and will be either exchanged or refunded by A Plus School wear.

Should you have any queries regarding the above, please contact A Plus Schoolwear

9354 8345 or email angie@agsprints.com.au

AFTER SCHOOL CARE

Welcome to Youth Leadership Victoria







St Gerard's OSHC

Curriculum Day

Tuesday 14th June

Open

7.00 am – 6.00pm

Enjoy a breakfast

Choice of group games indoor/outdoor

Arty/Crafty Messy Fun







(Sand with food colouring experiment)

capture a rainbow-coloured sand in a bottle/cup

design a paper craft/go on the winter nature walk

Design your own winter adjectives word cards/winter tree nature art project




Bring your own CD and have a dance party sing and dance






Enjoy a Movie with a Pop Corn/Cozy up with a hot chocolate with marshmallows

GENERAL INFORMATION

Please bring Lunch & snack (Nutritious & NUT FREE) • Water bottle

Weather appropriate clothing and shoes

Cost for the Day: ~ \$60 *before rebates* Minimum Cost after rebates Maximum \$9.00



let it
snow

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Community Notice Board

Finally, we have requests from a number of community groups to promote their activities and services. Flyers are placed on our *Community Notice Boards* located in the courtyard and a current list is contained in this newsletter.

- | | |
|---|-------------------------------|
| ❖ Ukraine Support Fund | ❖ Soccer 5's |
| ❖ North Dandenong Masala Auskick Centre | ❖ Lysterfield Basketball Club |
| ❖ Lyndale United Football Club (Soccer) | ❖ Swimland Swim Club |
| ❖ Dandenong Basketball | ❖ GKR Karate |

Huge Second-hand Book Fair

The Knights of the Southern Cross are running a second-hand book fair. There will also be DVDs, LP/Records, video games, board games and more. Come along, find a bargain and support the charitable work of the Knights.

When: Saturday 18th and Sunday 19th June (10am-4pm each day)
Where: Nazareth College, Noble Park
Contact: John 0406 747 123, jtsmyth@gmail.com
Details: ksbookfair.com.au

Donations welcome: If you have good books, games, DVDs, etc. you would like to donate please put them in the collection box in the church foyer. If you have a large donation to make please contact John (0406 747 123)



ST GERARD'S OHSC

On Tuesday 14th June (SCHOOL CLOSURE DAY) (After Public Holiday Queen's Birthday) we have a curriculum day.

If you would like to enrol your child, please do so asap as spots are filling in fast.

Contact

Marina Walallawita 0402192685

Nominated Supervisor/Educational Leader OSHC