



St Gerard's Primary School

NEWSLETTER



TERM 2 WEEK 7

www.sgdandenongnth.catholic.edu.au

03 97917553

10 JUNE 2022



Subway Lunch Orders
Are Back!

23rd JUNE, 2022

Families will have the opportunity to order a Subway lunch for their children.

Envelopes have been sent next week.

We cannot accept late orders. Last day for orders is 18th June.

Please have **CORRECT** money. Subway do not give change.

School Prayer

God, our Father, as members of the Parish Community of St Gerard's we praise you for your love.

May we grow stronger in faith and hope, and may our love for each other, become deeper in our daily lives.

Grant this through your Son, and our brother, Jesus Christ,

Amen



@st.gerards3175



<https://www.facebook.com/stgerardsps>



For Pentecost, our Give Me 5 focus this week was to Be Spirit Filled in the playground

Last Sunday we celebrated the feast of Pentecost, and we heard the story of the Holy Spirit coming to the apostles to be their helper and guide as Jesus had promised.

The Spirit gave them the gifts they needed to preach Jesus' message to everyone they met. We ask that those same gifts fill our hearts so that through our words and deeds we may be shining examples of Jesus' love bringing hope to the world.



There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

1 Cor 12: 4-7

MESSAGE FROM THE PRINCIPAL

Dear Families,

This week has seen us be able to provide some unique experiences for some of our students which has allowed them to learn and develop skills in different formats.

On Tuesday our **Year 3's** went on an excursion to the **State Library** where they spent time hearing from an indigenous author. This proved to be a wonderful experience for our children and they are to be commended for the way they represented our school. I would like to acknowledge ARDOC who were instrumental in the organisation of this experience and Mrs Sonno.

On Wednesday morning our **Year 5 and 6** children and their families arrived at school at 8.00am ready to go on **Camp to Alexandra Adventure Resort**. This is the first time we have been able to go on Camp since 2019 and a great time was had by everyone. A school camp provides valuable life skills and enables students and staff to work together in different ways to the 'normal' school day. To see the smiles on the children and their families faces this afternoon (Friday) as they were reunited was wonderful to see. **I would like to thank Mrs O'Brien, Mrs Te, Mrs Jolly and Mr Milne (Rob) for the care and encouragement they provided and in giving up their own family time to create a memorable experience for our senior students.**

While the Year 5 and 6's were away, our **Year 4's** had the opportunity to be our **school student leaders**. While this was only for 3 days, it does give them the chance to see what leadership is like and will no doubt help prepare them for roles in the future.

Next week has a few changes to our usual routines with Monday being the Queen's Birthday public holiday and Tuesday being a school closure day. We look forward to seeing everyone back at school on **Wednesday** when we have our second **Open Day**.

With the colder weather well and truly with us I hope that the longer weekend provides a time for you to relax and revitalise.

God bless.

Paul Cowan

NEWSLETTER



June

8th - 10th	Camp to Alexandra Adventure Resort, Yrs 5-6
13th June	Queen's Birthday Holiday
14th June	School Closure Day
17th June	Ride to School Day
20th June	Beyblade Week
20th June	Sporting Schools, Gymnastics Yrs 3-6 wear sports uniform
22nd June	Whole School Zoo Excursion (new date)
23rd June	Subway Lunch for students who pre-order
24th June	Sacred Heart of Jesus & Refugee Week Paraliturgy, 1pm
24th June	End of term breakup, 3.30pm

RELIGIOUS EDUCATION

Sacrament Dates, 2022

First Communion: (Grade 4)

First Communion Family Workshop:	Thursday 14th July, 7pm
First Communion Reflection Day:	Tuesday 23rd August (children may wear casual clothes)
First Communion:	Saturday 27th August, 5:30 pm & Sunday 28th August, 10:30 am
First Communion Assembly:	Friday 2nd September, 2:50 pm

Other Important Dates:

Refugee Week:	19th to 25th June
Sacred Heart of Jesus Feast Day & Refugee Week Paraliturgy:	Friday 24 th June, 2:50 pm

YEAR 5 / 6 CAMP

This week the Year 5 and Year 6 students travelled to Alexandra Adventure Resort an outdoor adventure based camp, which provides opportunities for students to challenge themselves on activities such as rock climbing.



YEAR 5 / 6 CAMP



STATE LIBRARY EXCURSION

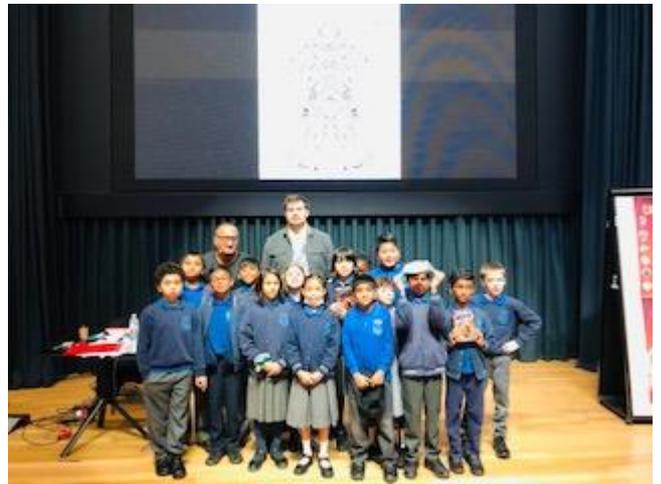
At The State Library Victoria By Francis

When we got on the bus it was totally boring but I was sitting with Edwin but when we reached it was AMAZING! So cool and super big. Also we saw two Authors, Jordan Gould and Richard Prichard, and my best friend won a wylah book for the megafauna drawing.

I also saw Ned Kelly's armour. He was a bushranger. He stole horses, robbed banks and killed a policeman and the police shot him in the legs. He was hanged in the gallows. And we saw a cuneiform and it was 4,000 years old and it was handwritten and hand drawn and it was thick.

State Library Victoria By Elijah

I went on an excursion on Tuesday to the State Library Victoria. I saw Ned Kelly's armour. He was a bush ranger. I liked the Dome very much. It was amazing. We had a tour around the library and we had our lunch at the castle. We met two people from the book Wyla The Koorie Warrior.



STATE LIBRARY EXCURSION

STATE LIBRARY!!!!!!

By Antonia

We finally arrived. It took us 42 minutes to get there.

First, we went into the State Library and then we went through the dome. A long time ago there was a librarian there with a big stick and she used to hit it on the desk to mean 'be quiet'. But now they ask you nicely "Can you please be a bit quiet. So as we walked it WAS SO QUIET. Next, we walked into a room with Ned Kelly's armor. It had the whole shield all over it. He had one shoe that was ripped up. We learned Ned Kelly was a bushranger. Ned Kelly stole horses, he robbed banks and he killed a policeman. After that we walked into a giant library room with huge books medium size books and the 4000 years old book called Cuneiform. The State Library is so lucky to have that book because there are only 2 other state libraries in Australia to have that tiny book. All those ancient books in there were hand written and hand drew. Next we listened to a book then we made our own Concertina book. That was really fun but we did not have much time. After that we went up to the castle to eat lunch. We were lucky to eat there but we had to because it was raining. Finally we went to the place to see the new book Wyla the Koorie Warrior. We meet Richard and Jordan. We learned how to speak in their culture and it was soooo fun. Then we went back to school. Another 42 minutes back.





Physical activity and mental health

Regular physical activity is great for children and young people's health development and helps prevent and relieve mental health issues.

How does exercise affect mental health and wellbeing?

Physical activity promotes many aspects of child and adolescent development, including social and emotional skills, as well as physical development of motor skills.

It also supports mental wellbeing. We know that high levels of inactivity can lead to a greater risk of both physical and mental health problems.

Physical activity:

- can increase levels of serotonin and endorphins; the neurotransmitters involved in regulating and improving mood
- promotes sleep – which also helps regulate moods, increase energy levels and improve memory and learning
- increases the connections between the brain neurons, which improves memory and learning capacity
- pumps blood to the brain to boost mood, concentration and alertness
- promotes relaxation by reducing skeletal muscle tension
- provides children and young people with an outlet for excess energy and frustration, which relieves tension
- provides an opportunity for children and young to socialise and meet new people, reducing loneliness and isolation
- improves motor and cognitive skills, which boosts self-esteem
- distracts children and young people from negative thoughts.

These benefits also serve to improve classroom behaviour and promote a more positive learning environment.

WELLBEING NEWS

Give Me 5 News

This week in our SEL lesson we revised the “Being Spirit Filled in the playground” expectations from our Give Me 5 matrix.

The Prep to 4’s discussed the importance of being Spirit Filled in the playground by treating others as they would like to be treated, saying sorry, forgiving others and being kind to others.

The students worked collaboratively to determine if a scenario demonstrated students being Spirit Filled or not. The student’s role played different scenarios of how they could be Spirit Filled in the playground.

Students who display the expectations present on the school Matrix are rewarded with a raffle ticket from their classroom teacher. Once a month the raffle tickets from each class are collected and drawn during the Friday assembly.

The raffle tickets will be drawn next week on the 17th of June and the lucky winners will be announced shortly after.



St. Gerard’s Give Me 5 Whole School Matrix



Principle	Learning Areas	Corridors	Toilets	Playground/Sandpit
Be Respectful	Speak appropriately and use manners Care for property Take turns Whole body listening Greet people by name	Speak appropriately and use manners Care for property <ul style="list-style-type: none"> Keep the area neat and tidy 	Speak appropriately and use manners <ul style="list-style-type: none"> Give other users their privacy Care for property <ul style="list-style-type: none"> Keep toilets tidy and flush Wash hands	Speak appropriately and use manners Care for property <ul style="list-style-type: none"> Place rubbish in the bin Keep sand in the sandpit and bark in the garden Include others Respect everyone’s views and space
Be Co-operative	Follow Directions Move safely Stay on task Share with others and help each other	Follow Directions Move safely <ul style="list-style-type: none"> Walk on the left hand side of the corridor to exit and the right hand side to enter 	Follow Directions Move safely Wait for your partner	Follow Directions Move safely Play fairly <ul style="list-style-type: none"> Accept rules Take turns Share and use equipment safely Accept rules
Be Your Best	Keep hands, feet and objects to yourself Ask for help	Keep hands, feet and objects to yourself Only enter the area with permission	Keep hands, feet and objects to yourself Report problems to a teacher	Keep hands, feet and objects to yourself Try to solve your problems
Be Positive	Never give up			Encourage others
Be Spirit filled	Treat others as you would like to be treated. Pray daily and during meditation	Treat others as you would like to be treated.	Treat others as you would like to be treated.	Treat others as you would like to be treated. <ul style="list-style-type: none"> Say sorry and forgive others Be kind

RIDE or WALK to school

Friday, 17th June 2022



Friday, 17th June is a Ride to School Day. Students are encouraged to walk or ride to school from home or from a nearby drop off point. If your child doesn't normally walk to school, you could do this together.

Students who ride are given a sticker and the class who has the most students riding or walking get to keep our Ride to School trophy in their classroom for that month.

Students can ride bikes, skateboards or scooters.

They must wear a helmet at all times.

Upon arrival at school, students must hop off their bike or scooter and lock up their bike or scooter in our bike parking area (in front of the Performing Arts Centre).

UNIFORM SHOP ONLINE ORDERS



ABN: 53 317 404 573

AGS PRINTS Pty Ltd
Wholesalers of Quality Schoolwear & Uniforms
In House Design & Printing
www.aplusschoolwear.com.au

BOR NO: 2010 / 2532

ADDRESS: 133 BAKERS ROAD
NORTH COBURG
VIC, 3058

PHONE: 03 9354 8345
FAX: 03 9354 5777
E-MAIL: info@agsprints.com.au

Please note the following changes in relation to uniform purchases for St Gerard's Primary School:

Uniforms can now be purchased in the following ways:

Option 1 - Online Order

Access to our Online Ordering System

1. www.aplusschoolwear.com.au
2. Go to **SHOP ONLINE NOW** (red box)
3. Select your school
4. Uniform listing with images will appear.

Select items you are wishing to purchase:

Style
Size
Colour
Quantity
Add items to bag

5. Once all items are added to bag, proceed to checkout.
6. Select delivery options
 - a. Pick up from school (free) in comments section please enter your child's name and class
 - b. Pick up from A Plus Schoolwear (free)
 - c. Postal address (delivery charges will apply)
7. Either checkout as guest, returning customer or create a new account.

Orders placed by Sunday will be delivered to the school the following Thursday

Option 2 - Fill out the order form and leave it at the school office.

Orders received by Friday will be delivered to the school the following Thursday

RETURNS

Can be given to the school office and will be either exchanged or refunded by A Plus School wear.

Should you have any queries regarding the above, please contact A Plus Schoolwear

9354 8345 or email angie@agsprints.com.au

Community Notice Board

Finally, we have requests from a number of community groups to promote their activities and services. Flyers are placed on our *Community Notice Boards* located in the courtyard and a current list is contained in this newsletter.

- ❖ Ukraine Support Fund
- ❖ North Dandenong Masala Auskick Centre
- ❖ Lyndale United Football Club (Soccer)
- ❖ Dandenong Basketball
- ❖ Soccer 5's
- ❖ Lysterfield Basketball Club
- ❖ Swimland Swim Club
- ❖ GKR Karate

Huge Second-hand Book Fair

The Knights of the Southern Cross are running a second-hand book fair. There will also be DVDs, LP/Records, video games, board games and more. Come along, find a bargain and support the charitable work of the Knights.

- When:** Saturday 18th and Sunday 19th June (10am-4pm each day)
Where: Nazareth College, Noble Park
Contact: John 0406 747 123, jtsmyth@gmail.com
Details: kscbookfair.com.au

Donations welcome: If you have good books, games, DVDs, etc. you would like to donate please put them in the collection box in the church foyer. If you have a large donation to make please contact John (0406 747 123)



[ST GERARD'S OHSC](#)

On Tuesday 14th June (SCHOOL CLOSURE DAY) (After Public Holiday Queen's Birthday) we have a curriculum day.

If you would like to enrol your child, please do so asap as spots are filling in fast.

Contact

Marina Walallawita 0402192685

Nominated Supervisor/Educational Leader OSHC